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## LETTER FROM THE CHAIRMAN

Dear Friends, Neighbors and Fellow Residents,

Here we are. Today is a beautiful August 2nd. By the time you receive this newsletter, it will be late September. Kids will be back in school, vacations will be over and all will be back to normal. On behalf of the Board of Supervisors, I hope everyone had a great summer.

Rather than discussing all of the developments in the Township over the past several months, I would like to devote this entire article to just one: **the Mariner East Pipeline.** As you know, Sunoco is installing two pipelines along Boot Road and North Chester Road, a 20" pipeline (called Mariner 2) and a 16" pipeline (called Mariner 2X). All of the work



done since May has been on the larger Mariner 2 pipeline. Needless to say, this issue has been one of the most controversial topics that the Board has wrestled with in my 31 years as a Township Supervisor. All of us have been affected by it in some way—either as an eyesore or a source of traffic congestion—and some of us, who may live, work or have children who attend school along the pipeline route, have been affected by it much more personally and profoundly.

I have been asked many times over the past several months "what has the Board done about the pipeline?" More often than not, the real question being asked is "what has the Board done to stop the pipeline?" This question has two parts. The first part is "what is the Township permitted to do?" and the second part is "what has been done?"

Regarding the first part, pipelines are classified in one of two ways. They are either an interstate pipeline or an intrastate pipeline. The former is under the jurisdiction of the Federal Energy Regulatory Commission (FERC). The latter is under the jurisdiction of the Pennsylvania Public Utility Commission (PUC). The Mariner Project involves three intrastate pipelines and is therefore under the jurisdiction of the PUC.

In 2002 the PUC determined that Sunoco was a public utility and it issued a Certificate of Public Convenience to Sunoco to transport petroleum products in Pennsylvania. At that time Sunoco was only shipping petroleum products from Marcus Hook in Delaware County to the western part of Pennsylvania.

Continued on page 2...

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## Township Directory

East Goshen Township Building 1580 Paoli Pike West Chester, PA 19380

> Office Hours Monday through Friday 8am to 5pm 610.692.7171 Fax: 610.692.8950 www.eastgoshen.org

TOWNSHIP MANAGER Louis F. Smith. Jr. rsmith@eastgoshen.org 610.692.7171

## MEETINGS

East Goshen Township meetings are advertised in the Daily Local News.

All Township meetings and workshops, with the exception of Board of Supervisors executive sessions, are open to the public.

# Thank You To The

The Board of Supervisors would like to thank the businesses that appear in this newsletter and to recognize them each as supporters and cornerstones of our community. For it is with their contributions that this newsletter has been produced at minimal charge to our residents.



## LETTER FROM THE CHAIRMAN..... continued from cover

In 2014, in response to a petition from Sunoco, the PUC determined that petroleum products included Natural Gas Liquids (NGL's), which consist of propane, ethane and butane, and that Sunoco had the authority to transport petroleum products from the Marcellus Shale region in western Pennsylvania to Marcus Hook with various drop off locations for propane along the way.

The PUC is responsible for most aspects of the Mariner Project from construction to operation, except for the environmental impact of the portions of pipelines that pass through streams and wetlands, as well as over soil and erosion control, both of which fall under the authority of the Department of Environmental Protection (DEP). In any event, neither the PUC nor the DEP (or any other state or local government agency) has the power to tell a pipeline operator where a pipeline can and cannot be located. In fact, Alaska and Pennsylvania are the only two states that have no state agency responsible for the siting of pipelines. As a result, because Sunoco is a public utility, it can determine the route of the pipeline at its sole discretion either by obtaining easements through negotiation or by condemnation with the use of eminent domain.

What this also means is that Pennsylvania municipalities have no control over pipelines except for enforcing their noise ordinance and their storm water ordinance. In short, East Goshen has no legal authority under either the Second Class Township Code or the Municipal Planning Code—the two laws that dictate what most townships can and cannot do to regulate land use—to stop Sunoco from constructing a pipeline within our borders.

Now, onto the second part: what has the Board done?

After Sunoco filed its petition to the PUC in 2014, the Township hired an attorney specializing in pipeline issues to advise the Board on any legal recourse the Township had to stop, reroute or otherwise regulate pipelines within our borders. The attorney advised us that once the PUC ruled that Sunoco was a public utility, there was no legal avenue available to us to stop the project.

The Board had to make a decision at that point about whether to simply do nothing or to work with Sunoco cooperatively and constructively to ensure that the construction was done as safely, efficiently and transparently as possible. And this is where we find ourselves now. We are steadfastly determined to communicate any and all pertinent information about the pipeline out to our residents through Constant Contact, the website, the newsletter, and at public meetings.

We are carefully measuring sound readings at various locations along the

Continued on page 3...

## Board of Supervisors



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Carmen R. Battavio



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pipeline route to identify violations of the Township's noise ordinance and working with Sunoco to correct deficiencies. As of early August, we are also researching whether we have the legal authority to regulate vibrations through a vibration ordinance in order to mitigate the quality of life issues that many residents along the pipeline route are facing. In addition, we have had five meetings for residents dedicated exclusively to pipeline issues at which Sunoco representatives were present, in addition to countless regular meetings that were spent in part discussing various aspects of the pipeline project. These meetings have been very well attended and have served as an important vehicle for making Sunoco aware of the issues that Township residents face.

If you are having issues at or around your property as a result of the pipeline—be they sound, vibration, water quality, or general quality of life issues—please do not hesitate to contact the Township. Our first and most important job is to protect the health, safety and welfare of East Goshen Township residents and we treat any and all concerns like these with the highest priority.

In any event, it is important to point out that all the areas where work is being done are on easements negotiated between Sunoco and property owners or through the eminent domain process. The Township had no involvement in any of these negotiations, other than granting Sunoco an easement for a small, 15 foot wide strip of Township-owned land along the pipeline route.

Finally, we also get a number of questions about how long the project will last. Unfortunately, we do not yet know when the Mariner 2 pipeline (20" pipe) will be complete or even when work on the Mariner 2X pipeline will begin. However, we will continue to watch Sunoco's progress carefully until a firm timeframe is announced and can be communicated to all of our residents.

On behalf of the Board of Supervisors, I very much look forward to the day when East Goshen is put back together again.

As mentioned in previous newsletters, the Township has an e-mail communication called "Constant Contact". Residents are able to receive timely information on specific areas of interest. Residents can sign up by going to the Township's website at www.eastgoshen.org. Residents are also encouraged to sign up for ReadyChesco, an emergency notification system, to be made aware of any emergency in your area. ReadyChesco uses mapping technology to tailor specific messages to residents based on where they live or work. Visit www.readychesco.org to sign up today.



If you have an interest in giving back to the community, let us know. We are always looking for motivated folks to volunteer to serve on any one of our Authorities, Boards or Commissions.

The Board welcomes feedback and suggestions from our residents. You may call the Township at 610-692-7171, respond through our website or contact me at mshane@eastgoshen.org.

E. Martin (Marty) Shane, Chairman Board of Supervisors





## ODDS & ENDS FROM RICK SMITH, TOWNSHIP MANAGER

The Pennsylvania Department of Conservation and Natural Resources recently featured the East Goshen Township Department of Parks and Recreation as a success story on its website. The Department recognized the Township's contribution to health and wellness and stated, "The work of East Goshen embodies the PA Outdoor Recreation Plan, helping to meet the Local Parks and Recreation Goal of Enhancing Close to Home Recreation."

Main Line Today recently announced the results of its 2017 Readers Choice Awards. The East Goshen Township Park was voted as "Best Park" in the Main Line Today's Best of the Main Line and Western Suburbs Awards.



The **Playground Renovation Project** at the Township Park should become reality this fall. The project will result in the demolition of the existing playground and the construction of a new playground with age-specific facilities. It will also feature a pergola so that parents and grandparents can watch their children and grandchildren play from a central location. The Township received \$475,000 in grant funding for this project from the Pennsylvania Department of Conservation & Natural Resources and Pennsylvania Department of Community & Economic Development.

In June, East Goshen Township received the Community Award

from the Transportation Management Association of Chester County for the **Paoli Pike Trail Project.** This multi-modal trail is currently in the design phase. Upon completion, it will allow people to walk, jog, or bicycle safely along Paoli Pike from Line Road to Airport Road.



The Board of Supervisors recently approved plans to restore the areas above the Milltown Dam and the Hershey's Mill Dam, after the dams are breached. Under the approved plans, the streambanks will be stabilized and planted, and both areas will be developed to provide parking areas, walking trails, and ADA-compliant access and other amenities. In addition, both of these projects will satisfy the mandate from the Pennsylvania Department of Environmental Protection to reduce the amount of sediment in the Chester and Ridley Creeks.

On July 11, 2017, the Township sold \$8,150,000 in **general obligation bonds** through a competitive on-line auction. Six firms submitted 59 bids to purchase the bonds and the winner was Janney Montgomery Scott with an interest rate of 2.778%. Chris Bamber from PFM Financial Advisers, the Township's financial consultant noted, "This was definitely one of the more lively auctions we've had in a while and the results were great." The Township's Aaa credit rating from Moody's was a major factor in the low interest rate.

The speed limit on Paoli Pike is 35 mph and there are **two pedestrian crossings** at East Goshen Park. Under the Vehicle Code, the driver of a vehicle **shall** yield the right-of-way to a pedestrian crossing the road. We have requested the police to provide additional enforcement along Paoli Pike.



East Goshen Township was also fortunate to be named the first GOOD Award winner at this year's Pennsylvania Parks and Recreation Society Conference (PRPS). The GOOD campaign is a partnership between the Pennsylvania Department of Conservation & Natural Resources and PRPS, with the goal of highlighting statewide park and recreation efforts. We were awarded the GOOD Award for the Township's participation as Regional Advisor to the initiative and for providing technical expertise and support to other PA municipalities.







Brandywine Valley is locally owned and operated and has been serving the Greater West Chester Area for nearly 25 years.

610-692-3900

bvhvac.com



# Latest News from the Malvern Public Library

**September is Library Card Signup Month!** Sign up for a card at our library and enter to win an autographed book or a Target gift card. Already have a library card? Check out a dozen books during a September visit to Malvern Public Library, and we'll enter your name into the raffle.

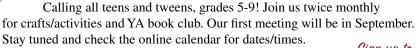
The Adult Book Club will resume on Tuesday, September 12, at 10:00AM. We will be discussing our two summer reads: Where'd You Go, Bernadette? by Maria Semple and The Curious Incident of the Dog in the Night-Time by Mark Haddon.



Have you downloaded the new Overdrive app, Libby, yet? Access our vibrant collection of ebooks and eaudiobooks on your phone, tablet, or ereader. We also have a library app where you can renew books, place holds, and access your account. Download the free Chester County Library System app today!

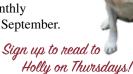
Signup for fall storytimes for babies, toddlers, and preschoolers begins on Monday, August 21. Please visit us, call the library at 610-644-7259, or email Kelly Shea at kshea@ccls.org to register.

The fall storytime session runs from September 5 – November 10.





GoWILMA campers in action!



## STORMWATER IS EVERYBODY'S BUSINESS

Stormwater picks up dibris, chemicals, dirt, manure and other pollutants as it flows over surfaces such as driveways, roads and lawns. Without proper stormwater management, this polluted runoff flows untreated into our streams, rivers and wetlands.

# Polluted stormwater runoff is the greatest threat to clean water!

Residents, municipalities, businesses and developers need to work together to decrease stormwater runoff and increase stormwater infiltration.



Our streams and rivers supply

- Water for drinking Water for fishing
- Water for swimming Water for canoeing and boating
  - Water for wildlife



# COMITTA'S

#### BACK TO SCHOOL

As a former educator, I am excited for all of my young friends heading back to school this month. Be sure to say hello in the halls if you see me when I visit many of the schools in the West Chester Area this fall. Teachers, the state offers many publications on PA history and natural resources to assist in the classroom. Please contact my office to find out how we can help, or to schedule a Capital Tour.





#### PIPELINE LEGISLATION UPDATE

I have been actively at work addressing the lack of oversight and regulation of pipelines in our state. Over the summer I announced my work on four bills to give our state agencies what they need to provide the highest level of public health and safety. Keep an eye on my website (www.pahouse.com/comitta) and my Facebook page (www. facebook.com/repcomitta) for up to the moment information and updates on these bills.

#### SEPTA SENIOR PASSES

My district office is now able to issue SEPTA Senior Discount Passes. Call my office to schedule a time to come in to process your application and have your photo taken. Seniors over 65 ride the SEPTA rails for \$1 and SEPTA buses for FREE!





## **SAVE THE DATE!** SENIOR EXPO OCT 21

Seniors, come out to my FREE 2017 Senior Expo and learn from our numerous vendors about senior health and wellness, nutrition, fitness, housing communities, in home care, financial services, activities, services offered by the state, door prizes, as well as many health screenings. Light refreshments will be served.

#### **COSTARS PROGRAM**

Did you know that the PA Department of General Services (DGS) delivers cost savings to local governments and non-profits? The COSTARS program is a cooperative purchasing program that can help save your organization money. Call my office to learn more!

For any state-related issues or questions, you can contact my district office at 610-696-4990 or drop by at 21 W. Washington Street, Suite A, West Chester, PA 19380. Free Parking!

Carolyn Comitta State Representative 156th Legislative District



State Rep. Carolyn Comitta **D-Chester** www.pahouse.com/Comitta

## East Goshen Earns Aaa Credit Rating fom Moody's Investors Service

On June 5th, Moody's Investors Service assigned a rare Aaa credit rating with a Stable Outlook to East Goshen Township for its Series 2017 General Obligation Bonds. East Goshen is one of only seven municipalities in Pennsylvania to be rated Aaa by Moody's and joins West Whiteland and Tredyffrin as one of only three municipalities in the Commonwealth to have all three taxing authorities—the municipality, the county and the school district—rated Aaa!



## Stay informed, stay safe!

Sign up for ReadyChesCo today! Visit www.readychesco.org to learn more.



# TOOD TAUCH AND MUSIC TESTIVAL



Thanks for coming out on August 26th!











Often called the silent killer, carbon monoxide is an invisible, odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely. In the home, heating and cooking equipment that burn fuel can be sources of carbon monoxide.

- CO alarms should be installed in a central location outside each sleeping area and on every level of the home and in other locations where required by applicable laws, codes or standards. For the best protection, interconnect all CO alarms throughout the home. When one sounds, they all sound.
- Follow the manufacturer's instructions for placement and mounting height.
- Choose a CO alarm that has the label of a recognized testing laboratory.
- ))) Call your local fire department's non-emergency number to find out what number to call if the CO alarm sounds.
- Test CO alarms at least once a month; replace them according to the manufacturer's instructions.
- If the audible trouble signal sounds, check for low batteries. If the battery is low, replace it. If it still sounds, call the fire department.
- ))) If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the home is accounted for. Call for help from a fresh air location and stay there until emergency personnel.
- If you need to warm a vehicle, remove it from the garage immediately after starting it. Do not run a vehicle or other fueled engine or motor indoors, even if garage doors are open. Make sure the exhaust pipe of a running vehicle is not covered with snow.
- During and after a snowstorm, make sure vents for the dryer, furnace, stove, and fireplace are clear of snow build-up.
- A generator should be used in a well-ventilated location outdoors away from windows, doors and vent openings.
- ))) Gas or charcoal grills can produce CO only use outside.



Have fuel-burning heating equipment and chimneys inspected by a professional every year before cold weather sets in. When using a fireplace, open the flue for adequate ventilation. Never use your oven to heat your home.

## **FACTS**

- (!) A person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time.
- (!) In 2005, U.S. fire departments responded to an estimated 61,100 nonfire CO incidents in which carbon monoxide was found, or an average of seven calls per hour.

NFPA NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

Your Source for SAFETY Information

www.nfpa.org/education

## YARD WASTE TIPS

- · Yard waste like leaves and grass clippings piled along stream banks can suffocate and kill the trees and shrubs that are critical for preventing stream bank erosion.
- Yard waste piled along streams can easily be washed into streams during large rain events.
- Leaves and other yard waste raked into streets can wash into storm drains and cause flooding.
- Put your yard waste out for collection or compost your leaves. DO NOT use plastic bags, only use paper yard waste bags.

**DO NOT** burn leaves. Burning results in air pollution and is prohibited in the Township.

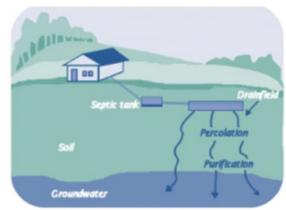


## ATTENTION PROPERTY OWNERS WITH ON-LOT SEWER SYSTEMS

Maintaining your septic system will save you money by avoiding costly repairs and/or replacement.

Please follow this checklist to maximize the life of your system:

- 1. Redirect downspouts and snowmelt away from absorption fields to avoid flooding and incapacitating the field.
- 2. Keep trees and shrubs at least 35 feet away from your drain field to prevent roots from plugging or breaking pipes.
- 3. Avoid using a garbage disposal and dumping grease down the drain: Both of these activities add sludge to the septic system and prevent it from working properly.
- 4. Do not flush or pour old medicines or strong cleaners (like bleach) down the drain: These materials will kill beneficial bacteria that break down the waste.





The Chester County SPCA has changed its name to the Brandywine Valley SPCA and is still looking for old towels, sheets, and blankets to use as bedding in the animal cages. A drop-off bin is located at the Township Building.

## **Brandywine Valley SPCA and Tri-State Bird** Rescue needs your help!

The Animal Rescues cannot thank you enough for your past support.

- Kitty Litter Dog Biscuits & Cat Treats
- Peanut Butter Washable Dog & Cat Toys
- Towels & Blankets Pillow Cases! Sheets!!! Dog Beds
- Liquid Laundry Detergent Bleach & Cleaning Supplies

#### **State Roads:**

## Boot Road, Greenhill Road, N. Chester Road, Strasburg Road and West Chester Pike

Any residents living on a state road that needs road repair or has trees down or pot holes may call PennDOT at 484-340-3200.

## Web Site:

The answers to most questions about the Township can be found by visiting www.eastgoshen.org. In particular, the FAQ section, which can be found under the "About Us" tab, is a very useful resource for residents.

#### **Broken Water Main:**

Call Aqua Pennsylvania at 610-525-1402, 24 hours a day

#### Call Before You Dig:

If you have to dig or excavate on your property, please remember to call before you dig.

1-800-242-1776 or 811 PA One Call

## Clogged or leaking sanitary sewer lines; sewage smell in the creek:

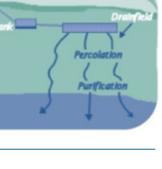
Contact East Goshen Municipal Authority at 610-692-7171 during regular business hours. During weekends or after hours on weekdays, call 911

#### **U.S. Flag Disposal:**

Any U.S. Flag that is torn or faded and needs to be disposed of properly can be dropped off at the Township for a proper



retirement. A local VFW will conduct a proper flag retirement ceremony to dispose of it.



hat's below. Call before you dig.

## 2017 Trash Holiday Schedule

Please note that trash and recycling will not be picked up on the dates listed below.

They will be taken on the next regularly scheduled service day.

November 23rd, Thursday - Thanksgiving

December 25th, Monday - Christmas

## FALL BULK TRASH AND YARD WASTE DATES

#### **Bulk Trash**

A bulk item must be able to be picked up and handled by two people. A maximum of two bulk items may be placed out for pickup at one time.



- September 14th and 15th
- October 12th and 13th
- November 16th and 17th
- December 14th and 15th

#### **Yard Waste**

Only paper bags will be collected, no plastic bags will be taken. You may also use a trash can; provided it weighs no more than 50 lbs.

- September 6th and 20th
- October 4th and 18th
- November 1st, 8th, 15th, 22nd & 29th
- December 13th and 27th



## Chester County Upcoming Hazardous Household Waste Events

NO
electronics,
Freon appliances
or metal drums

accepted

## Saturday, October 14 • 9am-3pm

## **Government Services Center**

601 Westtown Road, West Chester

25 gallon or 220 pound maximum

Chester County residents only (proof of residency may be required)

No businesses or contractors permitted

Visit www.chestercountyswa.org for more info.





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## J.C. Allred Agency

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484-880-4440

jallred@farmersagent.com www.farmersagent.com/jallred Please like and follow us on facebook: JCAllredFarmersInsurance



Let's also talk about ways my agency can get more involved in our West Chester community!



## OH DEAR, LOOK OUT FOR DEER!

Deer season is right around the corner. Pay extra attention to deer on the roads, particularly at night! According to State Farm, Pennsylvania has the third highest rate of deer collisions in the United States, with drivers having a 1 in 67 chance of hitting a deer annually statewide. The average cost of a deer-related insurance claim is \$4,000.





## WOL

(Thanks to Pooh.)

I found you perched on the frame of a landscape on my library wall, flown through the open porch door, I guess,

Our eyes locked. Both of us shocked

You were small, feathers, dark brown above, white below, a saw-whet owl, looking at me with round golden eyes.

Joy came tickling the small of my back. Laughter ran up and down my bones.

I took myself away, so you could safely leave —or safely stay.

It was no longer a lonesome day.

Virginia Strong Newlin East Goshen Township Poet Laureate



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for Township Supervisor

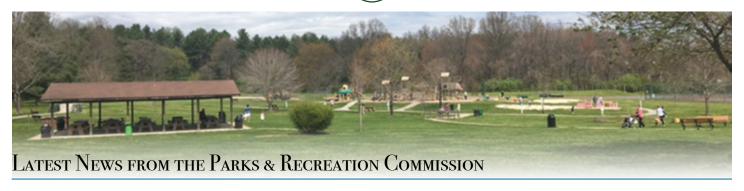
**David Shuey** 

Fighting for residents' safety and security.

Advocate for

East Goshen residents.

www.ShueyforEastGoshen.com ShueyforEGT@gmail.com



The Park and Recreation Commission has been very busy this past summer, and as you read this, taking a breather before an action-packed fall calendar! Summer Camps were again well attended and a wonderful place for our kids to have fun, make friends and create new memories! Some highlights included the Goshen Fire Company's annual water truck visit, our first canned food drive, and our temporary new home at Glen Acres Elementary School! It is amazing to see how wide-



eyed the campers get the first time they see the Goshen Fire Truck pull in and start shooting water 150 feet into the air! If you haven't seen one hundred kids "dancing in the rain" before – it is quite a sight! Our campers also gave back to the community this summer. Staff

challenged them to collect two hundred pounds of canned goods in support of the West Chester Food Cupboard. They did even better, bringing in a grand total of 283 pounds! To sweeten the pot, camp staff shaved "EGT REC Camp" in their heads! They certainly looked silly, but it was for a great cause. We would also like to thank the Glen Acres Elementary School staff for their wonderful support and hospitality all summer. It is truly a

wonderful school and great host to summer REC Camp.

This fall is shaping up to be memorable, fun and impactful. This coming September 14th, we'll be hosting a "Night of Hope and Healing", with events meant to raise awareness about mental health

issues and support opioid initiatives in Chester County. In partnership with the Chesco Drug and Alcohol Department, we'll be hosting a screening of the documentary "Generation Found" at 7pm in the Township Building, about how a community proactively addresses the opioid epidemic. County resources will be on hand. Preceding the screening, we'll be hosting our award-winning Liv Live Concert in the park from 5pm-





7pm. Come hear some awesome live music and learn about local resources for individuals and families in need of mental health support.

Did you like the movie *Sing?* If you did – you should join us on Friday, September 22nd for a Movie in the Park night! But the event gets better...we'll kick off the event with a 50 person acapella performance by The Mainliners! The Mainliners begin at 6:30pm, with the movie starting shortly before 7:30pm. No need to bring popcorn, Farmers Market favorite Mojo's Popcorn will be bringing their famous toffee popcorn as well as traditional buttered popcorn.

An East Goshen Township fall wouldn't be the same without our annual Pumpkin FEST, scheduled for October 21st. Come out to this wonderful community event where all kids below 13 get a free pumpkin, we bob for apples and hay rides take families on a tour of Applebrook Park!

Carmen Battavio
Township Supervisor & Park and Recreation Commission Liaison
East Goshen Township

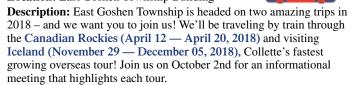


# East Goshen Park & Recreation FALL 2017

## **Travel**

#### **Collette Travel Tours - Iceland & Rockies**

**Date:** Monday, October 2nd, 6pm **Location:** East Goshen Township Building



## **East Goshen Farmers Market**

We are all set again for another fantastic fall in the park offering the finest and freshest food around! The East Goshen Farmers Market takes place on Thursdays, 3pm-7pm. Visit many of your favorite vendors from past summers and meet some of our new vendors!

**Date:** Thursdays, through October 12th, 3pm-7pm **Location:** East Goshen Township Park, near the

Amphitheater



# **East Goshen Township presents** "A Night of Healing and Hope"

September 14th, 2017

#### **Generation Found – Special Film Screening**

**Date:** Thursday, September 14th, 7pm **Location:** East Goshen Township Building

**Description:** September is National Recovery Month, and this year, in partnership with the Chester County Department of Drug and Alcohol Services, we'll be

hosting a special screening of the movie, Generation Found. This powerful documentary highlights how a community came together to support and fight the opioid crisis. Chester County Department of Drug and Alcohol Services staff will be on site with resource information. The event is free and open to the public, and we encourage all to attend.

Fee: Free

#### **Liv Live Concert**

**Date:** September 14, 5pm-7pm **Location:** East Goshen Park, stage

Ages: All welcome



Description: Join us for our second Liv Live Concert in the park this fall! This concert was so great...it was award winning! Come check out this "party with a purpose"...with great live bands performing in support of mental health awareness. The Liv Live Concert is also the capstone setting for the "22 in 22" initiative – join 200 of your closest

friends for your final set of 22 push-ups! Learn more at: http://www.chestercountysuicideprevention.com/

chestercountysuicideprevention.com

Fee: Free!

#### **Pickle Ball**

Location: East Goshen Park

**Description:** The pickle ball courts are officially open! We have two courts for public use and encourage everyone to play! Nets are located in an onsite locked box. Please call the township at 610-692-7171 for the access code. Interested in future leagues, clubs and tournaments? Join the email list by emailing Jason at jlang@eastgoshen.org

# Movie in the Park **Sing** with a Mainliners performance

**Dates:** Friday, September 22nd, 6:30pm **Location:** East Goshen Township Park, stage

**Description:** The park is THE place to see the animated blockbuster Sing this fall! Come on out and watch this wonderfully captivating movie under an autumn sky! It is only appropriate we accompany *Sing* with a real singing performance – and we have a great performance in store! The Mainliners are a 50-person ensemble that sings the hits, standards, patriotic tunes and everything in between, acapella style! Mainliners perform from 6:30pm – 7:15pm; movie to follow

Fee: Free!

### **Fall Robotic Lego Mini-Camps**

Date: October 9, 9am – 12pm November 20 & 21, 12pm-3pm Location: East Goshen Township Building

**Ages:** 8-12

**Description:** When schools are out – Robotic Lego's Mini-Camps will be open! These one or two day mini-camps will keep your kids excited and engaged and are for the **Beginner or Intermediate** level camper! No need for prior Robotic Lego's experience – this can be a great introductory program!

Fee: \$35 per day
Max Enrollment: 10

## **Fitness Programs**

For the following Fitness Classes – you can join after a session has started at a prorated fee!

## Strong by Zumba® at East Goshen Elementary Gym

**Description:** Tailored for fitness enthusiasts and students looking for a more challenging, high intensity interval training workout. All ages welcome!! With most workout programs, music is an afterthought. The music in STRONG by Zumba<sup>TM</sup> was crafted to drive the intensity in a challenging progression that provides a total body workout. The result? A group fitness experience like no other. Moving in sync with music makes you work harder. This class will push you past your plateaus to help you reach your fitness goals faster. Using your own body weight, you will gain muscular endurance, tone, and definition, and you will experience an increased after burn.

**Dates:** Tuesdays 6:30-7:45 *Session 1:* Sept. 5- Oct. 10

Session 2: Oct. 17- Dec. 12 (no class Nov. 7, 21, 28)

Fee: \$65 per session or both sessions \$120

Contact Info: Pamela Nelson- zumba2live@aol.com

#### **Zumba® Gold Toning**



Description: Zumba® Gold Toning is tailored for active older adults, who want to focus on muscle conditioning and light weight activity. Zumba® Gold-Toning blends the Zumba® party you love at a slower pace with a redefining total body workout using Zumba® Toning Sticks to shake up those muscles! The benefits of low to moderate intensity strength training exercises are essential to prevent a dramatic reduction in muscle mass, muscle strength, atrophy and sarcopenia (loss of skeletal muscle mass). Walk

in ready to have a blast and tone up, leave exhilarated and empowered! **Dates/Times/Hours:** Wednesdays 5:30- 6:45pm at East Goshen

Township

Session 1: Sept. 6- Oct. 11 FREE CLASS Oct. 18th!!!

Session 2: Oct. 25- Dec. 6 (no class Nov. 22)

FREE CLASS and Pollyanna Holiday Party Dec. 13!!!

Fees: \$65 for one session, \$120 for both sessions Contact Info: Pamela Nelson-zumba2live@aol.com

**Pilates** 

Dates: Session One: Wednesdays 10:30-11:30,

September 6th-October 4th

Session Two: Wednesdays 10:30-11:30,

October 25th-December 27th **Location:** East Goshen Township Building

**Description:** Pilates is a fantastic fitness class geared for those wanting to strengthen core muscles groups, improve posture, flexibility and balance. Instructor Ruby Telthorster has over 500 training hours and is adept at coaching novices all the way through "seasoned pros"! Please bring a mat to class. (must pay by check and fill out Registration form)!

**Ages:** 18+

**Fee:** Session 1: 8 weeks \$55 or \$13/class Session 2: 9 weeks \$105 or \$13/class

Contact Person: Ruby Telthorster at topazz63@aol.com

**Yoga** 

**Dates:** September 5th - Dec 18th, 2017

Mon: Gentle Yoga 9 - 10:15 am

**Tues:** All Levels 5:30 - 6:45 pm / Gentle Yoga 7 - 8:15 pm **Thurs:** Seniors Yoga 4 - 5 pm / All Levels 5:30 - 6:45 pm

Location: East Goshen Township Building

**Description:** Our body has incredible regenerative powers and yoga is valuable for stress management and general well-being. Your body will become more flexible, stronger, balanced and healthy. You will be able to sleep better, have more energy and develop a more positive approach to life. Bring a yoga or exercise mat, small pillow, and wear comfortable clothes.

Contact Person: Charo, charo.freespirityoga@gmail.com Fee: \$120 14 week series (75 min / Mon, Tues or Thurs) / \$90 Seniors Yoga Class (Thurs 4 pm)

#### **Meditation:** Relax & Renew

**Description:** Relax the mind and body using meditation, visualization, guided imagery and deep breathing. During relaxation you rest your body, allow stress hormones to subside, and occupy your mind so that

unpleasant, stressful thoughts do not intrude. Improve your day to day living, gain control over the body's responses to stress and enjoy greater sense of well-being.

**Dates:** Tuesdays, 4 - 5 pm **Session 1:** Sept 5 - Oct 10, 2017 **Session 2:** Oct 24 - Dec 5, 2017

Fee: \$60 per session

**Description:** A healthy back can mean the difference between a sedentary existence and a healthy, active lifestyle. Yoga postures strengthen individual muscles and aligns the spine for better posture in a safe and gentle way.

Yoga for an Achy Back: Stretching the Pain Away!

#### This workshop will help you to:

\* Relieve chronic pain \* Strengthen your back \* Minimize the effects of stress, poor posture and weak muscles \* Use your body correctly, and enjoy the freedom a greater range of movement brings.

Date: Monday, September 18th, 2017

**Time:** 4 pm - 6 pm

**Fee:** \$35

### Power Up your Brain - Improve Memory, Concentration and Focus

**Description:** Learn the use of simple yoga exercises, breathing techniques, hand gestures and meditation to improve and support brain function, memory, concentration and focus. Printed material included. This class is for everyone, from young students, adults, seniors and patients with Down Syndrome, Alzheimer's, or other development challenges and cognitive delays seeking cures.

Date: Monday, October 2nd, 2017

Time: 4 pm - 5:30 pm

Fee: \$35

## **Health at your Fingertips -** Healing with Mudras (Hand Gestures)

**Description:** Mudras are hand-gestures or yoga for the hands. It is an ancient healing practice that helps you achieve lasting health, happiness and inner peace. Learn how mudras can be helpful in overcoming ailments, physical as well as mental, and regain true well-being. Printed material included.

Date: Tuesday, October 17th, 2017

**Time:** 7 pm - 8:30 pm

**Fee:** \$35

#### Yoga for Arthritis - The Natural Alternative

**Description:** Learn how simple yoga exercises, breathing, and meditation techniques will help you to: Expand the range of motion / Increase circulation, reduce swelling / Increase delivery of oxygen and nutrients to the joint tissues to facilitate their healing / Build strength, flexibility and balance / Release physical and emotional tension.

Date: Monday, October 23th, 2017

**Time:** 4 pm - 6:00 pm

**Fee:** \$35

## **Reduce Inflammation and Pain with Castor Oil Packs**

**Description:** Do you or a loved one suffer from arthritis, RA, gout, inflammation, joint pain, digestive problems, breast or ovarian cysts? Living with pain is not fun and it is not how we want to spend the rest of our lives; castor oil pack is a simple and inexpensive technique that will help you reduce inflammation and pain. The castor oil pack is applied externally on the affected part of the body. Learn how to prepare it and use it on yourself or a love one.

Date: Monday, November 13th, 2017

**Time:** 11 am - 12:00 pm

Fee: \$20

#### **Township-wide Yard Sale**

**Date:** Saturday, Sept. 30th, 9am-1pm **Location:** East Goshen Park

**Description:** Join fellow neighbors in the park and in the community during one of our favorite events! To reserve a space at the park, please call the

Township Building at 610-692-7171.

Fee: Free





Pumpkin Fest Date: Saturday, Oct 21, 10am Location: East

Goshen Park

**Description:** Come on out to this great annual event as we kick off the fall season! Who can forget the frozen turkey bowling or pumpkin pie eating contest from last year! All



kids will receive a free pumpkin and can enter the pumpkin drawing contests! End the day with a leisurely romp in the hay and tractor ride!

Fee: Free

#### **Halloween House Decorating Contest**

Date: Entries must be received by Wednesday October 25th

Location: Your house!

**Description:** An East Goshen resident suggested we have a Halloween House Decorating Contest – and we think it is an awesome idea! Similar to our Christmas House Decorating Contest, simply decorate your house to the best of your abilities and send us a picture! Send all entries to Jason at jlang@eastgoshen.org no later than Wednesday October 25th. All entries will be posted to the Township Facebook page for public viewing and voting! Voting will conclude on Monday, October 30th!

## **Neighbor to Neighbor Day**

Date: Saturday, November 11th

**Location:** East Goshen Township Building at 8am, then throughout EGT **Description:** Join in a great day as we celebrate community and helping one another! Whether you are in need of some yard work help or are interested in submitting a team of neighborly volunteers – contact Jason at 610-692-7171 for more information about this annual event!

Fee: Free

## Next Up: Young Leader's Summit

Date: Monday, December 4th

Location: East Goshen Township Building

**Time:** 7pm – 8pm

**Description:** Join community leaders for a brief but powerful discussion meant to be insightful and inspiring. Speaker schedule

forthcoming.

Ages: 13-18 (Parents welcome as well)

Fee: Free, but must register in advance at ww.eastgoshenrec.com



## **East Goshen Tree Lighting Celebration**

**Date:** Friday, December 8th **Location:** Amphitheater

Time: Event starts at 6:00pm, official lighting at 7:00pm

**Description:** Last year was such a success – we thought we'd do it again! The event will be complete with caroling, hot cocoa and a special guest appearance by St. Nick himself! We'll announce the winner of the EGT

House Decorating Contest as well. The event will end at 7pm with the official lighting led by the EGT family that donates the most canned

goods during the "Stuff Jason's Office" contest!

Fee: Free

## **NYC December Trip**

Date: Saturday, December 9th

Location: East Goshen Township Building

Time: 7am-5:30pm (return by 8pm)

Description: Enjoy the "big apple" dressed up in holiday splendor and relax knowing all the trip details are taken care of! Simply show up at the Township Building, check in, and board the bus! Listed times are for departure from the township building and NYC. Drop off and pick up location is Bryant Park, adjacent to the NY Public Library.

EAST GOSHEN TOWNSHIP

Building Bridges Program

Fee: \$40

## **Building Bridges - Learning to use tech devices**

Date: Thursdays in October

Location: East Goshen Township Building

Time: 3pm - 4pm

**Description:** It's time for a new way to learn something from one another! As a part of its Building Bridges Program, the EGT Department of Parks and Recreation will once again be

hosting classes devoted to teaching participants how to better use their

technology devices.

Fee: Free!

## **Multi-Generational Robotic Lego's**

**Date:** Tuesday & Wednesday, November 14 & 15 **Location:** East Goshen Township Building

Time: 6pm-8pm

**Description:** It's time for a new way to learn something from one another! As a part of its Building Bridges Program, the EGT Department of Parks and Recreation will be hosting a two-day robotic Lego class, where a two person team will build a project and get to battle against other teams! The catch – the team must be multigenerational in composition – grandparent/granddaughter...great aunt/nephew etc. Registration is extremely limited, allowing only for five teams.

Fee: Free – but must register at www.eastgoshenrec.com

#### **Senior Card Club**

**Date:** Every Friday, 10am-12pm

**Description:** Come enjoy a morning of card playing and social camaraderie! The Senior Card Club meets at the township building. Call the township building at 610-692-7171 for the specific schedule.

Fee: Free!



## **Volunteers needed**

**Description:** There are a number of volunteer opportunities within the EGT Department of Parks and Recreation, most notably with special events and the Butterfly Pollinator Garden. Contact Jason for more information!



## REQUIRED RECREATION REGISTRATION FORM (Please Submit With Payment)

This form must be filled out completely and your check must accompany to complete registration.

(This form is not for Youth Recreation Camp and Applebrook Golf – please visit the East Goshen Recreation webpage or office for those forms)

## Please fill in each Activity Name below along with activity fee, dates and times.

	Name & Email Address	Resident?	Activity & Details	Cost	Cell Phone	Address including ZIP	
1			Activity Name:	\$			
			Session Dates:				
	DOB*		Day(s) DM DT DW DTh DF				
	* Date of Birth is required if registrant is under the	age of 18	Time: AM or PM				
2			Activity Name:	\$			
			Session Dates:		•		
	DOB*		Day(s) DM DT DW DTh DF				
	* Date of Birth is required if registrant is under the	age of 18	Time: AM or PM				
3			Activity Name:	\$			
			Session Dates:				
	DOB*		Day(s)				
	* Date of Birth is required if registrant is under the	age of 18	Time: AM or PM				
4			Activity Name:	\$			
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payi	ing online, please complete the	above form,	select "Submit Form" (Located	l On Uppe	r Right Of Your	Screen) and then complete	

Check must accompany this form - Unless you are paying online - Thanks

Questions? Please call 610.692.7171 and or email Jason Lang at jlang@eastgoshen.org

payment by clicking here.

## DATES OF IMPORTANCE

OCT 03

**BOARD OF SUPERVISORS, 7PM** 

**OCT 04** 

**PLANNING COMMISSION, 7PM** 

**OCT 05** 

PARK & RECREATION

**COMMISSION, 7PM** 

**OCT 09** 

**MUNICIPAL AUTHORITY, 7PM** 

**OCT 11** 

**CONSERVANCY BOARD, 7PM** 

**OCT 12** 

PAOLI PK. CORRIDOR MASTER

PLAN, 7PM

**OCT 16** 

**FUTURIST COMMITTEE, 7PM** 

**OCT 17** 

**BOARD OF SUPERVISORS, 7PM** 

\* Subject to change. Other meeting dates (including Zoning Hearing Board) may be added as needed. For verification of dates call the Township, check Township website or sign up for Constant Contact. NOV 01 PLANNING COMMISSION, 7PM

> NOV 02 PARK & RECREATION

COMMISSION, 7PM

**NOV 08** 

CONSERVANCY BOARD, 7PM

**NOV 13** 

**MUNICIPAL AUTHORITY, 7PM** 

**NOV 14** 

**BOARD OF SUPERVISORS, 7PM** 

**NOV 20** 

**FUTURIST COMMITTEE, 7PM** 

**NOV 21** 

**BOARD OF SUPERVISORS, 7PM** 

**NOV 23** 

THANKSGIVING DAY – OFFICE CLOSED

NOV 24 DAY AFTER THANKSGIVING – OFFICE CLOSED

Consider volunteering for an Authority, Board or Commission. Visit our website for more information. East Goshen needs volunteers.

**DEC 05** 

**BOARD OF SUPERVISORS, 7PM** 

**DEC 06** 

**PLANNING COMMISSION, 7PM** 

**DEC 07** 

PARK & RECREATION

**COMMISSION, 7PM** 

**DEC 11** 

**MUNICIPAL AUTHORITY, 7PM** 

**DEC 13** 

**CONSERVANCY BOARD, 7PM** 

**DEC 18** 

**FUTURIST COMMITTEE, 7PM** 

**DEC 19** 

**BOARD OF SUPERVISORS, 7PM** 

**DEC 25** 

**CHRISTMAS DAY - OFFICE CLOSED** 

Sign up to receive email updates.





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## **VOTE** FOR MIKE AND CHUCK

TOWNSHIP SUPERVISORS on Tuesday, November 7, 2017



Mike Lynch



East Goshen Township

Paid for by Friends of Mike and Chuck



**Chuck Proctor** 



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## **Rose Hill Apartments**

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610-436-5249

www.rose-hillapartments.com · Jeanette@rose-hillapartments.com

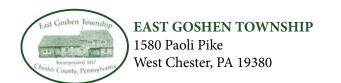
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- · Private patio/balcony
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