Dear Friends, Neighbors and Fellow Residents,

On behalf of the entire Board of Supervisors, I would like to wish all of you a very happy spring. We deserve it!

At the Township’s annual reorganization meeting in January, I was elected by my fellow Board members as Board Chair for 2019. I am very excited about this new opportunity—2019 has great things in store for East Goshen. I would like to thank Marty Shane for his service as Chairman for the past two years. As anyone who knows Marty can attest, I certainly have big shoes to fill!

A bit about me…I moved to East Goshen 44 years ago as an original homeowner in the Marydell Farms development. My two children were raised there, and now I am blessed with three grandkids. I began volunteering for the Township in 1979 and served for many years on the Planning Commission and later the Zoning Hearing Board, where I had a front row seat as the Township transformed from a farming community into the bustling municipality that it is today.

After my children were grown, I moved to the Village of Inverness in Hershey’s Mill, where I have enjoyed a second act, becoming involved in the Hershey’s Mill Players theater group and continuing my lifelong love of oil painting. Professionally, I worked as a senior actuarial analyst for Towers Perrin and later as the office administrator at a West Chester law firm. Upon my retirement in 2013, I was first appointed and later elected as Township Supervisor. In this capacity, I have served as Chair of the Township’s Comprehensive Plan Task Force and Paoli Pike Trail Task Force, Liaison to the Conservancy Board and Planning Commission and also Police Commissioner, among various other duties. According to long-time Township Manager Rick Smith—who has really been here since the beginning—I am only the fourth female Board member and third female Chair in the Township’s 202 year history.

Now, onto everything going on in the Township! I look forward to seeing hundreds of smiling youngsters at the Township Park on Saturday, April 20th for the annual Egg Hunt. Over 10,000 eggs will be spread out in the park to celebrate the coming of spring, and a variety of other kid-friendly games and activities will be on tap. I’d encourage everyone to arrive early; those eggs don’t last long! Please
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Email: kargalese@comcast.net
also mark your calendar for **Community Day** on June 29th, featuring an afternoon of fun and food and culminating in the best fireworks display in Chester County just after dusk. While it’s a little farther out, this year’s **Food Truck and Music Festival**, scheduled for Saturday, August 24th, will for the first time feature a beer and wine tent for adults, so you may want to adjust any summer vacation plans accordingly!

The Township continues to carefully monitor and take appropriate steps to safeguard East Goshen’s interests with respect to **pipelines**. The formation of the new Pipeline Task Force, comprised of seven very thoughtful and knowledgeable residents, has been a tremendous boon to the Township. Their carefully considered recommendations on Adelphia’s environmental assessment provided the ballast for the Township’s formal comments that were submitted to the Federal Energy Regulatory Commission in February. As you may know, Adelphia is repurposing an existing line to convey natural gas through Pennsylvania and there is an existing valve station along Paoli Pike that we expect to be retrofitted in the months to come as part of this project. Meanwhile, Sunoco continues to make slow progress on installing its Mariner East lines, and we still expect project completion by the end of 2020. In the interim, as has been previously reported, Sunoco is now conveying natural gas liquids through East Goshen via existing 8” and 12” lines.

I am also thrilled to announce that in early March, the Pennsylvania Recreation and Park Society named East Goshen Township as the **Parks and Recreation Department of the Year**! East Goshen was chosen over the Philadelphia Department of Parks and Recreation, among many others. The award was given in recognition of East Goshen’s exceptional commitment to Parks and Recreation over the past five years. Needless to say, this honor is a direct reflection on our fabulous Park and Recreation Director, Mr. Jason Lang, our tireless Public Works Director, Mr. Mark Miller, our energetic Parks and Recreation Commission, chaired by the inimitable Mr. Danny Leicht, and, of course, our passionate and dedicated residents, who see the incredible value in having a world-class park system. More information about this award will be included in the summer newsletter.

I also wanted to update you on two capital improvements that you should start to see at the Township building soon. The larger of the two improvements is the construction of a **new wash bay** for Public Works vehicles along the western side of the Township building. This project is necessary in order to comply with state storm water requirements and will ensure that debris from our washed vehicles does not flow untreated into nearby rivers and...
The second project is a new “storefront” or front door system for the Township building to replace the existing storefront, which has started to rust out. The replacement storefront will extend outwards to the existing roofed breezeway, thereby enlarging the front vestibule and improving access to the building for all residents. The Township awarded the construction contracts for both projects in late 2018, and both projects should be underway by the time you read this newsletter.

We have a saying in East Goshen that “heroes aren’t born, they volunteer”. With that in mind, please join us in congratulating the following residents who have recently been appointed to our Authorities, Boards and Commissions (ABCs):

- Tom Kilburn, Sustainability Committee
- Monica Close, Sustainability Committee
- Jeff O’Donnell, Sustainability Committee
- Christi Supple, Sustainability Committee
- Angela Matchica, Sustainability Committee
- Mary McCloskey, Sustainability Committee
- Michael Koza, Planning Commission
- Mark Levy, Planning Commission
- Lazarus Zarogiannis, Historical Commission
- Walter Wujcik, Municipal Authority
- Gerry Sexton, Pipeline Task Force
- John Stipe, Planning Commission
- Christina Morley, Pipeline Task Force

Our ABC groups provide all Township residents with a very valuable public service, and we are grateful for the outstanding contributions they make to our quality of life. If you are interested in applying to be part of an ABC group, please contact Rick Smith, Township Manager, at 610-692-7171 or rsmith@eastgoshen.org.

As mentioned in previous newsletters, the Township has an e-mail communication called Constant Contact. Residents are able to receive timely information on specific areas of interest. Residents can sign up by going to the Township’s website at www.eastgoshen.org. Residents are also encouraged to sign up for ReadyChesco, an emergency notification system, to be made aware of any emergency in your area. ReadyChesco uses mapping technology to tailor specific messages to residents based on where they work or live. Visit www.readychesco.org to sign up today.

The Board welcomes feedback and suggestions from our residents. You may call the Township at 610-692-7171, respond through our website or contact me at jemanuel@eastgoshen.org.

Wishing you a very happy spring!

Janet
Janet L. Emanuel
Chair

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Staying Social is the Rx for Healthy Aging

Did you know that being socially active is good for you? Studies have revealed a strong link between social interaction and mental and physical well-being. Rush University Medical Center in Chicago found that seniors with the highest levels of social activity—doing things such as visiting friends, going to activities or attending church—showed much lower levels of cognitive decline than those who were the least socially active.

Staying social may be particularly important for seniors, because health and social activity tend to decline naturally as a person gets older. It’s the stage in life when many retire from jobs, family and neighbors move or relocate, and spouses or friends may be affected by illness.

One way to increase social interaction is by adding a regular activity to your day. Participating in an exercise class, engaging in an enjoyable hobby or attending a program are all good ways to stay active and social. Volunteering is also a great way increase social activity while helping a cause you feel passionately about with people who share your interest.

Sally is one example. “I started going to a Silver Sneakers exercise class because a friend of mine was going and I wanted to catch up with her. I met my friend at exercise for several weeks and then had a doctor’s appointment. Imagine my surprise when my doctor told me my numbers were the best they had been in 8 years,” says Sally who attends Silver Sneakers at Surrey Services for Seniors.

Surrey is pleased to launch its newest location in April at United Church of Christ, 1201 N. Chester Road, West Chester 19380. Surrey will offer a variety of programs including exercise, lectures, activities and lunch. To view activities at the new location, visit the Surrey website at SurreyServices.org or call 610-647-6404.
Opening April 2019

SURREY EAST GOSHEN

At United Church of Christ
1201 N. Chester Road, West Chester, PA 19380

OPEN HOUSE
Thursday, April 4, 2019
4:00 – 6:00 pm

Exciting NEW Programs and Activities Include:
- Medical Marijuana: Fact & Fiction
- Common Senior Scams
- The History of Duffy’s Cut
- Exercise • Lunches

For full program schedule, visit SurreyServices.org

For more information call Barb Zimmerman at 610-389-1124
or email info@surreyservices.org
**REAL ESTATE TAX DISCOUNT PERIOD ENDS ON MARCH 31!**

As a reminder, the deadline for the 2% discount on real estate bills is March 31st.

Importantly, if you have an escrow account, please forward the bill to your bank or mortgage company for payment. Every year, the Township receives hundreds of duplicate payments for real estate bills that were paid by both the property owner and their respective bank. Researching and correcting these duplicate payments takes considerable time for Township staff, to say nothing of the additional expense for property owners.

If you do not have an escrow account—typically, but not always, because you no longer have a mortgage—then please make payment directly to East Goshen Township; 1580 Paoli Pike; West Chester, PA 19380. Do not send payment to the Baltimore address where Township sewer and trash payments are sent, as sending tax payments to this address may result in considerable delays and subject your account to late fees and penalties. If you do not have an escrow account and would like a stamped receipt of your payment for your tax files, you must enclose a self-addressed stamped envelope with your payment.

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**EAST GOSHEN WANTS YOU!**

*Ask not what your Township can do for you, but what you can do for your Township!* East Goshen is looking for volunteers to serve on its various Authorities, Board and Commissions (ABCs).

- Have a passion for the environment? Consider the Conservancy Board or the new Sustainability Commission!
- Fascinating by community planning, zoning and development? Throw your name in the ring for the Planning Commission or the Futurist Committee!
- Outraged by the pipeline? Join the Pipeline Task Force!
- Love our region’s rich history? There’s a place for you on the Historical Commission!
- Want to roll up your sleeves and oversee the Township’s sewage treatment plant and 86 miles of sewer lines? Take your seat on the Municipal Authority!

To apply or if you have any questions, please contact Rick Smith, Township Manager, at rsmith@eastgoshen.org or 610-692-7171.

**FRIENDS OF EAST GOSHEN ALSO SEEKING VOLUNTEERS!**

*Love to network?* Consider volunteering for Friends of East Goshen, an independent 501(c)(3) that raises funds for community events in the Township Park. To apply, please contact the Township.

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**Brandywine Valley SPCA and Tri-State Bird Rescue needs your help!**

The Animal Rescues cannot thank you enough for your past support.

- Kitty Litter
- Washable Dog & Cat Toys
- Towels & Blankets
- Pillow Cases, Sheets
- Dog Beds
- Liquid Laundry Detergent
- Bleach & Cleaning Supplies

**State Roads:**

*Boot Road, Greenhill Road, N. Chester Road, Paoli Pike, Strasburg Road and West Chester Pike*

Any residents living on a state road that needs road repair or has trees down or pot holes may call PennDOT at 484-340-3200.

**Web Site:**

The answers to most questions about the Township can be found by visiting www.eastgoshen.org. In particular, the FAQ section, which can be found under the “About Us” tab, is a very useful resource for residents.

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**Broken Water Main:**

Call Aqua Pennsylvania at 610-525-1402, 24 hours a day

**Call Before You Dig:**

If you have to dig or excavate on your property, please remember to call before you dig. 1-800-242-1776 or 811 PA One Call

**Clogged or leaking sanitary sewer lines; sewage smell in the creek:**

Contact East Goshen at 610-692-7171 during regular business hours. During weekends or after hours on weekdays, call 911

**U.S. Flag Disposal:**

Any U.S. Flag that is torn or faded and needs to be disposed of properly can be dropped off at the Township for a proper retirement. A local VFW will conduct a proper flag retirement ceremony to dispose of it.
Latest News from the Goshen Fire Company

Last year, Goshen Fire Company volunteers and paid staff were busier than ever...responding to 2,289 ambulance calls (an average of 6 per day!), 276 fire calls and 163 Fire Police Calls. The most frequent type of ambulance call was for falls (600), so it important to de-clutter and check loved ones’ homes for tripping hazards! Additionally, we responded to 69 auto accidents in the Township and 138 false fire alarms.

We are always training...

Goshen Fire Company recently purchased, courtesy of a grant from the Pennsylvania Fire Commissioner’s Office, a set of Paratech struts, which are used to stabilize a rolled vehicle so that passengers can be safely extricated, and so that firefighters and EMTs can safely work in the area. The alarming scene you see here, with the bus on top of a passenger car, was carefully created to simulate an accident.

We also had a unique opportunity to train with the Chester County Hazardous Materials team, which works hand in hand with all fire companies in the county. We learned about the different types of commercial vehicles that carry hazmat, how to identify hazardous material, how to react to any type of emergency that might exist, and how to protect ourselves, citizens and the environment from potentially toxic materials. Firefighters also worked through a simulated hazmat event that was set up at the firehouse.

Every year, each Firefighter, EMT and Fire Police Officer receives training in Bloodborne Pathogens like Hepatitis, MRSA and HIV, and how we protect ourselves and our patients. Additionally, every member receives Red Cross First Aid, AED (Automatic External Defibrillator) and CPR training.

Our Fire, EMS and Fire Police divisions always welcome new volunteers; training and equipment is provided at no cost to you! Got a special skill you can share with us? We also need volunteers to help with marketing, photography, administration, finance, and special events. Stop by our 1320 Park Avenue station any Monday night, or go to www.goshenfireco.org for information on how you can join us. Follow us on Facebook at Goshen Fire Company.

Goshen’s spring flower sales are right around the corner at Station 56, at the intersection of Boot & Greenhill Rds. Support your fire company and pick up some beautiful plants and flowers.

- Easter: April 19-21
- Mother’s Day: May 10-12

Summer/Fall 2019 Paving Season

The Township plans to pave the following roads in 2019:

- Tallmadge Drive
- Rossmore Drive
- Shandon Place
- Tramore Circle
- Saddlebrook Drive

Residents and businesses along affected roadways will be notified prior to the Township commencing work.
Beards for Charity Fundraiser

Westtown-East Goshen Police Department, along with four other local Police departments, participated in the “Beards for Charity” fundraiser during the month of November 2018. As a group effort, the five departments that participated were able to raise $14,000 that was split between two charities. Unite for Her and The Sambuco Education Fund were both presented with checks for a little over $7,000 each. A photo opportunity took place at the Willistown Police Department of local officers who participated in the fundraiser.

Domestic Violence Lethality Assessment Program

On December 19th, Ashley Folchman, the Lethality Assessment Program Coordinator for the Domestic Violence Center of Chester County, presented Lt. David Leahy with a certificate of appreciation for the police department’s exemplary leadership in implementing the Domestic Violence Lethality Assessment Program. The Lethality Assessment Program (LAP) is a screening process that law enforcement officers throughout the county and region use to determine if a victim of domestic violence is at high risk of being seriously injured or killed by their intimate partners. If the screening process indicates high danger, officers are able to immediately refer the individual to the DVCCC for services.

SergeantJonathan Stafford NJSACOP West Point Command and Leadership graduate

On January 17, 2019, Sergeant Jonathan Stafford of the Westtown-East Goshen Regional Police Department graduated from the prestigious NJSACOP West Point Command & Leadership Academy. The Academy is an intensive and demanding 14 week program that originated in 1993, when the U.S. Military Academy at West Point worked to adapt the fabled West Point model of command and leadership to the needs of law enforcement. Participants in the program study topics such as leadership and organizational theories. Congratulations Sgt. Stafford on your impressive achievement!
Here to Help

My office is always available to assist you with any state-related issues you may have. We can help you with programs such as SEPTA Senior Key cards, obtaining birth/death certificates, PennDOT services, and the Property Tax/Rent Rebate program. We can also search through PA’s unclaimed property database and much more.

My West Chester office is located in the Washington Square Apartment Building: 21 W. Washington St., Suite A, in the Borough of West Chester. Free parking is available in our lot! You can call my office at (610) 696-4990 with any questions.

2019 Senior Expo

Stay tuned for more details on my Senior Expo in fall 2019! My annual event is filled with lots of information on senior services, products and programs across our area. If you are interested in volunteering, participating as a vendor, or have any questions, please contact my office at (610) 696-4990 or email repcomitta@pahouse.net. More details will be available on my website, e-newsletter, and social media sites.

Stay Connected!

Sign up to receive my email alerts and learn more about news in Harrisburg and the 156th District! You can visit http://www.pahouse.com/emailsingup to sign up for our e-newsletter. You will receive a weekly email update on state-related information, events my office will be hosting, and much more. For more updates, you can like/follow my social media accounts.

Carolyn Comitta
State Representative, 156th Legislative District
Website: www.pahouse.com/Comitta
Facebook: Rep. Carolyn Comitta
Twitter: @RepComitta
2019 Bulk Trash and Yard Waste Dates

2019 Bulk Trash Days
A bulk item must be able to be picked up and handled by two people. A maximum of two bulk items may be placed out for pickup at one time.

• April 11th and 12th
• May 16th and 17th
• June 13th and 14th
• July 11th and 12th
• August 15th and 16th
• September 12th and 13th
• October 17th and 18th
• November 14th and 15th
• December 12th and 13th

2019 Yard Waste Days
For yard waste, only paper bags will be collected, no plastic bags will be taken. You may also use a trash can, provided it weighs no more than 50 lbs

• April 3rd and 17th
• May 1st, 15th, 29th
• June 12th and 26th
• July 10th and 24th
• August 7th and 21st
• September 4th and 18th
• October 2nd, 16th, 30th
• November 6th, 13th, 20th, 27th
• December 4th and 18th

2019 Trash Holiday Schedule

Please note that trash and recyclables will not be picked up on the dates listed below. All trash will be collected on the next regularly scheduled service day.

• May 27th, Monday – Memorial Day – No Trash or Recycling Pick Up
• July 4th, Thursday – Independence Day – No Trash Pick Up
• September 2nd, Monday – Labor Day – No Trash or Recycling Pick Up
• November 28th, Thursday – Thanksgiving – No Trash Pick Up
• December 25th, Christmas is on a Wednesday this year, so fortunately the holiday will not impact the Township’s collection schedule in 2019.

Recycling Day
Anything with a Plug™

June 8, 2019
East Goshen Township Park
1661 Paoli Pike
9:00 a.m. to 12:00 p.m.

East Goshen Township Park
is proud to offer local residents the opportunity to responsibly recycle obsolete electronics on Saturday, June 8, 2019.

This service is available to all residents and small businesses with fewer than 50 employees.

Electronics will be recycled by eForce Compliance, Philadelphia’s first Certified Responsible Recycler.

We will accept all electronic devices with a plug, NO SMOKE DETECTORS or LARGE APPLIANCES will be accepted.

Coupon of equal or greater value provided for all TVs or monitors charged.

Accepted items include:

- Laptops
- Peripherals
- Typewriters
- Telephones
- Microwaves
- Cameras
- Cell Phones
- Calculators
- Dehumidifiers
- Computers
- Mice
- Small Appliances
- Fax Machines
- Keyboards
- Printers
- Air Conditioners

$30 fee per TV or computer monitor
$100 per wooden console or projection TV
$10 per microwave, dehumidifier, air conditioner
All Data Media Will Be Destroyed or Wiped!
Construction Activities Requiring Permits

The Township Code requires that all construction activities conducted within the Township have a permit prior to the start of any work. A list of construction activities that require a township permit is available on the East Goshen Township website: Projects Which Require Permits, which can be found under Services>Permits & Inspections> Building & Construction Permits. Some of the more common construction activities requiring permits include siding replacement, stucco replacement, roof replacement, finished basements, deck replacement and/or expansion, and new or expanded hardscaping, just to name a few. The Township Code Department is happy to discuss your project with you and your contractor in order to answer any questions you may have. Please don’t hesitate to call us.

Change of Use and Occupancy Inspections

Are you selling your home in East Goshen Township or thinking about purchasing a new home in East Goshen Township? The Township Code requires that all changes of use and/or occupancy must be permitted through the Township. This results in an inspection by the Township to ensure that a standard level of safety is afforded to all residents of East Goshen Township. This application can be found on the East Goshen Township website: Change of Use and Occupancy Application.

False Alarms

Monitored burglar and fire alarms are commonplace in homes and businesses today. These systems and their monitoring services provide a level of safety that has never been afforded in the past. Owning these systems comes with the responsibility of proper operation and maintenance. Accidental alarm activations happen and false alarms do occur; however, our emergency services personnel must respond to every call. All alarm owners are afforded two false alarm activations per rolling 12-month period before false alarm fees are imposed. Please be diligent in the operation and maintenance of your monitored alarm systems in order to minimize the number of false activations to which your police and fire company personnel have to respond. You can prevent false alarms! Consider these steps to prevent the occurrence of false alarms:

• Have your alarm system inspected and maintained by your alarm company annually (at a minimum).
• Review and update your contact information with your alarm company annually.
• Ensure that all occupants and anyone authorized access to the premises understand how to operate the system.
• Ask your monitoring company if they offer an Enhanced Call Verification feature.
• Ask for, review, and implement best practices for monitored systems as outlined by your alarm company.

Responding to false alarms degrades response times to actual emergencies!

Raise Mower Height for Healthier Lawns, Cleaner Water

Turfgrass, like other plants, must manufacture sugars through photosynthesis in their leaves if they are to develop into a high quality lawn. Closely mowed lawns have limited leaf area to take in the sunlight to produce the food they need to be healthy.

In addition to leaf area, a direct relationship exists between the height of turfgrass plants and the depth and total mass of their root system. Kentucky blue grass and tall fescue lawns mowed at the recommended summer height of 3 inches have roots more than twice as deep as those of closely cropped lawns. The shallow, weak roots of closely mowed lawns exhibit stress first and loss of grass plants to competing weeds is more likely, particularly during the summer. Raising mower heights during the summer will keep soil temperatures cooler, preserve soil moisture and help maintain turfgrass quality.

Thicker lawns are more weed resistant, absorb more stormwater, lose less sediment during storms, and need less fertilizer. So this June, remember to raise your mower height to three inches, or remind your lawn service company, for a healthier lawn and cleaner streams this summer.

THANK YOU FOR HELPING TO PROTECT CLEAN WATER!

This message is brought to you by your municipality and Chester-Ridley-Crum Watersheds Association, www.crcwatersheds.org.
The Worst / Best Written Words

My latest written work is the worst ever
Am I wrong about my thinking
Some say something of worth is in everything you write
If you look closely at written words
You see writing can be bitter and vile
No matter if wonder seeps through
Every now and then
You are never really content with your work
Don’t believe it is all in the mind of the writer
When the author is satisfied
A great written piece is achieved
Some say that all written works are good
If from the heart
Most writers will agree of the beauty of written words in the past
As long as the words were real
Heartfelt
Creative
All done within the writer’s mind
With the author’s take on the matter
The message has a life of its own
It is not for me to say
This writing is an excellent work

(Now read it from the bottom to the top)

Yours Truly,
Nancy Daversa
East Goshen Poet Laureate

Blacksmithing at the Goshenville Forge

You are invited to visit the Goshenville Blacksmith Shop at its original location since 1740.

In my three years of blacksmithing at the Goshenville forge, I have learned a great deal about the history of the old forge and the community of Goshenville. In 2018, Ed Westlake and I saw more than 550 visitors during the 78 days the shop was open. We have had many conversations with people interested in local history, blacksmiths, descendants of blacksmiths, farriers, re-enactors, and curious passersby. Most had stories to share.

Among our visitors this past year were two of the grandchildren of Wiebe Velde, the last blacksmith to work at the Goshenville Forge.

We learned from them that their grandfather was born in the Netherlands in 1893 and was 3 years old when his family arrived in America. He apprenticed in John Armstrong’s blacksmith shop in Willistown and purchased the Goshenville business from Moses Brown around 1915. Wiebe was six feet two inches tall, well above the five feet nine inch average for men at the beginning of the 20th century. He and his wife, Mary Suplee Velde had five children. They recalled that Wiebe stopped working at the Goshenville shop after World War II, probably about 1949, because there were too many cars on the highways for farmers to safely ride their horses to the blacksmith shop. He moved his tools to a small building behind his house across the street and just south of the forge. Wiebe kept his business going by loading an anvil and a portable forge into his yellow Studebaker and driving to local farms where he shoed horses for 50 cents a horse.

We also learned that the weathervane that still turns atop the blacksmith shop had been Wiebe’s handmade trade sign. It used to hang near the shop door that faces North Chester Road until he converted it into the weathervane.

Ed and I will continue to open the blacksmith shop on Wednesdays and Saturdays, 10 AM to 4 PM April through October and on some Wednesdays and Saturdays during winter months, when the weather permits. We demonstrate blacksmithing techniques and talk about the Goshenville shop during the Revolutionary War and up through its renovation by East Goshen Township in the early 1980s. We are happy to do tours of the Hickman (Plank) House for anyone who is interested. We look forward to meeting you and hearing your stories.

If you would like to arrange a group tour or a student field trip on a day when the blacksmith shop is not scheduled to be open, please contact me at goshenbss@gmail.com.

Gary Kerschner, Goshenville Blacksmith
Hear Ye, Hear Ye! We may have flowers, mulch and baseball season on our minds, but why not use the springtime to stock up on holiday ornaments as well!

Late last year, the East Goshen Historical Commission launched a Christmas tree ornament sales drive and is pleased to let you know the inaugural ornament is still available for sale in the Township office during regular business hours. The 2018 ornament captures the Goshenville Blacksmith Shop. The cost of the ornament is $20.00. Proceeds from the ornament sales will help the Historical Commission preserve and promote the history of our Township. Supplies are limited, so please stop by the Township Office early to get yours.

Each year another historical property in the Township will be featured on a new ornament, making this a unique collection to celebrate our history. What will 2019 bring? The Plank House? Hershey’s Mill? Stay tuned this summer as the ornament will be announced and orders will be taken to ensure everyone can get one.

We are very excited to bring this collection to life and hope you find a place on your Christmas tree to help preserve our shared history.

Destination Playground

Last year, we opened our world-class Destination Playground at the Township Park. The Destination Playground complies with the latest playground safety rules and includes a high-tech playground surface designed to ensure the safety of children. Unfortunately, this surface is not dog friendly. Dog waste will damage it. In addition, the Destination Playground includes some hills and other grass areas designed for children’s free play. Introducing dog waste into areas where children can roll down hills and play in the grass is not appropriate.

Consequently, all dogs, whether they are big, little, leashed, or unleashed are prohibited from being in the Destination Playground. When you ask someone to remove his or her dog from the Destination Playground, you are protecting both your child and the playground. For dog owners, there are over 50 acres in the park outside of the playground where you are welcome to walk your dog.

Paoli Pike

There are two pedestrian crossings at the East Goshen Park. The applicable section of the Pennsylvania Vehicle Code reads as follows: § 3542. Right-of-way of pedestrians in crosswalks.

(a) General rule.--When traffic-control signals are not in place or not in operation, the driver of a vehicle shall yield the right-of-way to a pedestrian crossing the roadway within any marked crosswalk or within any unmarked crosswalk at an intersection.

Sunoco Pipeline Questions

Some residents have expressed concerns about the age of the Sunoco Pipelines. In 1990, Sunoco replaced both of their pipelines that are under Boot Road between Greenhill Road and Paoli Pike. Then in 2001, they came back and replaced both of their pipelines under Boot Road and North Chester Road between Paoli Pike and Manley Road. Additional information on these pipelines and other pipelines in the county is available on the Chester County Pipeline Information Center website.

Pennsylvania One Call

I frequently receive calls from residents complaining that someone has painted colored lines on their lawn. My response is that many utilities in the Township have underground facilities such as electric lines, phone lines, or gas lines, whose locations may be marked above ground by colored lines: Red is used for electric, yellow for gas, orange for telephone, blue for water, and green for sewer.

When someone is going to undertake any project that requires excavation, they are required to call the PA One Call System at 811 at least three business days in advance of any excavation. This allows the owner of the underground utility to go out and mark the location of their utility.

If you are going to be undertaking any type of project that involves digging, such as planting a tree or installing a mailbox post, please dial 8-1-1 at least three business days in advance of the project. There is no cost to you for this service and it could prevent you from damaging utility lines and/or getting hurt. For additional information, go to www.pa811.org.

Be safe. Call 811 before you dig.
The library is pleased to announce our new monthly email newsletter! Visit our website and opt into our electronic communication. We’ll keep you informed of the latest news and events from the library.

We are excited to announce a great service that will allow you to easily keep track of everything going on in Malvern: Malvern Library is now on Burbio! Burbio.com is a free website and app that puts school, library and other local events all in one calendar. You can create a personalized event feed, sync events to your Google or iPhone calendars, and receive important notifications if events change. Sign up at Burbio.com or download the free iPhone or Android App and follow the calendars that interest you, including the library’s.

Our morning and evening book clubs are always looking for new members. The book clubs meet every second Tuesday of the month at 10:00 AM and 6:30 PM. Check with the library to obtain a copy of the book to read for either group.

The spring storytime session starts on March 4 and ends on May 23. Register online for various times for babies, toddlers, and preschoolers. School aged children can register to read to Holly, our library therapy dog, in time slots on Thursdays from 4:30–5:30 PM. Holly is a good girl who loves treats, belly rubs, and listening to children read. Email Miss Kelly at kshea@ccls.org to register, or call the library at 610-644-7259 for more information.

This spring, Miss Kelly will host a special storytime at the new East Goshen Township playground! The storytime will run for four weeks, from April 23 to May 14, at 10:00 AM, next to the Little Free Library and boulders. In case of rain, the playground storytime will be cancelled. We hope to see you there.

Our annual Give-a-thon is approaching! From March 10th to March 23rd, we encourage all of our patrons to give to Malvern Library to ensure the continued success of the library’s programs and services. We appreciate all of our library supporters, and thank them for their yearly patronage.

SAVE THE DATE:
Keep East Goshen Beautiful Day
Saturday, April 13th

Please join scores of volunteers on Saturday, April 13th in beautifying Township roadways and open spaces by lending a hand for the annual Keep East Goshen Beautiful Day. More information on how to volunteer will be available on our website in the weeks leading up April 13th.
Spring News from the Park & Recreation Commission

Boy, it sure has been a cold winter here in Chester County! While the Park and Recreation Commission was stuck inside on these long, cold days, we were busy getting ready for an action packed spring and summer in East Goshen Park! We will get to see the playground stretch its legs, as it spends its first full year in use. The Park Commission is happy to report that the playground has been a smash success! Use has gone up over 400% over the old play space, with last August 24th setting a “play record” of 1,311 users! We hope everyone continues to play just as much this year! One important reminder about park rules: dogs are not allowed on the playground, defined as anywhere across the new stone bridge, as the poured in place surfacing can become severely compromised from dogs “marking territory” and clawing.

In exciting news, the 3rd annual Food Truck and Music Festival, scheduled for Saturday, August 24th, is getting two wonderful new vendors! For the first time, Locust Lane Brewery and Chaddsford Winery will be hosting a beer and wine garden! We anticipate having the food trucks and beer/wine garden set on the hill above the amphitheater, so participants can grab food and drink, and look down on the awesome musical performers. Speaking of performers, we have a great lineup this year! The Swing Time Dolls will kick off the show with choreographed moves and catchy versions of 1940s hits like “In the Mood”. The Little Red Rooster Band takes the stage next, bringing their Chicago-style blues to East Goshen Township. They’ve been voted best band in Bucks County numerous times and were elected to the International Blues Hall of Fame in 2015. Headlining the festival is our favorite local band, Not Quitting Our Day Jobs! These gentlemen really know how to put on a show and belt out classic rock and roll you’ll sure to be singing along to!

The Food Truck Festival isn’t the only event getting bigger this year – we’re adding to Community Day as well! In addition to the fireworks, food and moonbounces, we’ll have two escape room experiences! Think you can escape before the zombie gets you? Come to Community Day on June 29th and find out!

East Goshen Park is a wonderful place that comes alive each spring and summer, with over 500 hours of planned activities and sports. It takes an entire team of caring individuals to make those 500 hours possible. I hope you consider volunteering this year in the park. Whether its at Community Day, mulching in the butterfly garden, or becoming a Play Ambassador – we need you! Come learn more about potential volunteer opportunities at the Volunteer Open House and BBQ on Thursday, May 2nd at 6pm at the Hicks Pavilion by the playground.

On behalf of my fellow Park and Rec Commission members, I encourage everyone to get up, get moving and enjoy the outdoors this spring! Peruse the newsletter; we have a class, activity or event just for you!

Eric Tobin
Park & Recreation Commission

Hassle-Free Kitchen Updates

1 Day Wood Restoration • Cabinet Refacing
Custom Cabinets • Countertops & Much More

kitchentune-up 484-318-7205
kitchentuneup.com

Visit our new showroom in Frazer!
391 LANCASTER AVENUE

Goshen Friends School
Now Enrolling!
Summer Camp & Fall 2019
Call today for a private tour & learn more about:
- Camp for Kids Ages 2½ - 5
- By My Side for Toddlers
- 2- & 3-Day Preschool
- 4- & 5-Day Pre-Kindergarten
- Extended Care

Fun Fair & Open House
May 18!

www.goshenfriends.org 610-696-8183
814 N. Chester Rd., West Chester
YOUTH PROGRAMS

ACTIVITY: Summer REC Camp
Date: Monday – Friday, June 24 – July 26, 9am – 12pm
(no Camp July 4th-5th)
Location: Glen Acres Elementary School
Description: Come out to the camp we all know and love this summer! Staff is excited to deliver another year of the area’s best summer camp program, right in your backyard! Campers are grouped by age and rotate among sports, crafts, science, cooking and music – all centered on a fun weekly theme! Each week, campers board a bus and head off to an exciting field trip location…swimming…the movies…Arnold’s and more! Our Camp Director and Activity Coordinators are certified teachers and have been with us for many years! EGT REC Camp is truly a magical camp experience – most of our other staff members began as REC Campers themselves and want YOUR camper to have the best experience too! Each week is capped by a special event. These could include US Olympians, talent shows, or the National Summer Camp Dance among others! Fridays are also wet and wild days as we invite campers to bring their bathing suits and towels as we cool off under the hot summer sun! Download registration forms and Camp FAQ at eastgoshenrec.com.
Ages: 5 - 11 • Fee: $95; $105 for non-residents

<table>
<thead>
<tr>
<th>CAMP DATES</th>
<th>WEEKLY THEME</th>
<th>FIELD TRIP</th>
<th>SPECIAL EVENTS</th>
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<tr>
<td>6/24 – 6/28</td>
<td>Cruisin’ the Seven Seas</td>
<td>French Creek State Park, Swimming</td>
<td>Kona Ice Truck</td>
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<td>7/1 – 7/3</td>
<td>Party in the USA</td>
<td>Arnold’s Fun Center</td>
<td>U.S. Olympic Day</td>
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<td>7/8 – 7/12</td>
<td>Superheroes</td>
<td>United Sports Training Center</td>
<td>Sports Tournaments &amp; Jason Shave Off</td>
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<tr>
<td>7/15 – 7/19</td>
<td>Around the World in 80 Days</td>
<td>Regal Cinemas, Movie TBD</td>
<td>Talent Show</td>
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<tr>
<td>7/22 – 7/26</td>
<td>Hawaii Hullabaloo</td>
<td>French Creek State Park, Swimming</td>
<td>Goshen Fire Co. Water Day</td>
</tr>
</tbody>
</table>

ACTIVITY: Summer REC Full Day Camp
Date: Monday – Friday, July 15 – July 19 & July 22 – July 26, 9am – 4pm
Location: Glen Acres Elementary School
Description: Can’t get enough of summer camp??? Try out Summer REC Full Day Camp! At the conclusion of the half day program, staff will escort the campers to the East Goshen Park where they will take part in field days, capture the flag contests and end the summer with a celebration party! The camp will go on an additional exciting field trip on Thursday afternoon. Please pack a lunch, two snacks and a water bottle.
Ages: 5 - 11
Fee: $185 ($195 for non-East Goshen Township residents)

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<td>French Creek State Park, Swimming</td>
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<tr>
<td>7/22 – 7/26</td>
<td>Oasis Family Fun Center</td>
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ACTIVITY: Summer REC Senior Camp
Date: Monday – Friday, June 24 – July 26, 9am – 12pm
(no Camp Thursday/Friday, July 4th and 5th)
Location: Glen Acres Elementary School
Description: The EGT Senior Camp is for “tween” aged kids who want somewhere awesome to go in the summer—somewhere they can have fun, be creative and stay active and safe during the summer months. Senior campers will engage in exciting activities—many of these are group games and special events where they can all collaborate and laugh while having tons of fun!
Ages: 12-13; Registration is capped at 30 – sign up early!
Fee: $35 ($45 for non-residents)

ACTIVITY: Photography Summer Camp
Dates: Monday – Friday, July 8-July 12 from 9am – 12pm
Location: East Goshen Park, Hicks Pavilion
Description: Photographers tell stories. They present the dynamics of life in the big city and the rural countryside. They represent historic record, but they can also shatter our understanding of history. Photographs preserve our memories and inspire us to become more aware. They reveal our dreams. They excite us. They clarify and mystify. The joy of photography lies in all its infinite possibilities. Each and every photograph offers the extraordinary pleasure of discovery. Photography is about more than technique; it is about perception and communication. Because the power of photography lies in its ability to communicate our perceptions of the world, photography can intersect with many areas of study.
Ages: 9 - 16
Fees: $299.00 (discount available for multi-camp registration)
Contact Information: The Photography Workshop, http://www.photography.cam or (484) 604-2004
ACTIVITY: Beginner Robotic Lego’s Camp
Date: Section I, Monday-Friday, June 24 – June 28, 12:30pm-3:30pm
Section II, Monday-Friday, August 5 – August 9, 9:00am-12:00pm
Location: East Goshen Township Building
Description: Do you camper love regular Lego’s, but wonders what would happen if they could move? Beginner’s Lego is for you then! This camp focuses on building Lego’s projects like Tracker on the new Lego Mindstorms EV3 platform- then watching them perform amazing robotic functions. This is an introductory Robotic Lego’s camp intended for kids new to Lego Mindstorms. For additional information please call Jason at 610-692-7171.
Ages: 6 – 12
Fee: $145 ($155 for non-East Goshen Township residents)

ACTIVITY: Intermediate Robotic Lego’s Camp
Date: Section I, Monday-Friday, July 8 – July 12, 12:30pm-3:30pm
Location: East Goshen Township Building
Description: Do you love Lego’s! Design, build, and control the functioning of exciting Lego’s projects like Everstorm using the all new Mindstorms EV3! Watch your creations move, race, and battle other projects! Prerequisite: Beginner’s Lego’s or prior experience with Lego’s Mindstorms or video gaming.
Ages: 6 – 12
Fee: $145 ($155 for non-East Goshen Township residents)

ACTIVITY: Rocketry Camp
Date: Monday-Friday, August 12 – August 16, 9am-12pm
Location: East Goshen Park, Veteran’s Pavilion
Description: Each day campers will build a model rocket and launch! The rockets are successively more complex as the week progresses. The week ends with a unique “build from scratch” project as campers vie to win the coveted “Ryan’s Crazy Rocket” Award! Classes taught by Jason Lang, who has a decade of experience launching recreational rockets.
Ages: 9 – 13
Fee: $145 ($155 for non-East Goshen Township residents)

ACTIVITY: Just Tennis Youth Tennis Camp
Date: Monday-Friday, July 15th – July 19th, 9am-11am
Location: East Goshen Park
Description: Our 10 and under players range from kids entering PK to the 4th grade. Kids are divided up into groups by age and ability. Our 8 and (usually 5-8 year olds) will be playing and learning on 36 foot courts. Our 10 and under players (usually more experienced 8 year olds and 9-10 year olds) will be playing and learning on 60 foot courts. 10-14 years old’s use the full 78 foot court and is for kids entering the 5th-8th grades (advanced 4th graders may participate as well).

ACTIVITY: Hide the Gnome Scavenger Hunts
Date: Every other Monday in the summer (6/24, 7/8, 7/22, 8/5, 8/19)
Location: Somewhere in East Goshen!!!
Description: Get out into the East Goshen Township park system this summer and take part in a fun scavenger hunt...the goal...finding the EGT Gnome! The EGT Gnome will be placed by Township staff five times throughout the summer. The person that finds it simply has to bring it to the Township Building to claim your prize!!! Visit East Goshen Township’s Facebook pages for clues as the dates draw near!
Fee: FREE!

ACTIVITY: Preschool Entertainment Series
Description: Bring your toddlers out to the park this summer for some fun, free interactive entertainment! Tuesdays from 10am – 10:45am at the playground!

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<tr>
<td>7/9</td>
<td>Toad’s Escape – theater performance by Family Stages</td>
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<tr>
<td>7/16</td>
<td>Kelly’s Magic Show</td>
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<td>7/23</td>
<td>Bucket Drumming with Music Play Patrol</td>
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</tbody>
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ACTIVITY: Green Thumbs Needed!!!
Spring cleanup dates: April 1st, 15th, 22nd
(Mondays); 9am-11am
Location: Help us make the Butterfly Pollinator Garden a beautiful park asset for years to come! Volunteers will be needed to ensure the garden is weeded, watered and loved! Experience not needed – just enthusiasm! We are also looking to add environmental education and/or nature classes in 2019 – contact Jason at jlang@eastgoshen.org if interested in leading a class!

ACTIVITY: Play Ambassadors needed!!!
The new playground is amazing – but we need your help! Play Ambassadors guide the Imagination Playground fun...think life-size Lego’s! This opportunity is open to everyone over 14, and perfect for those in HS, college, or interested in youth development! To learn more, contact Jason at jlang@eastgoshen.org!

ACTIVITY: Washington DC Spring Day Trip
Dates: Saturday, April 13th (7am-8pm; leaves DC at 5:00pm)
Description: Enjoy the beauty of the Cherry Blossom Festival this spring! In the mood for some history – stop by one of the Smithsonian’s! There is so much to do in the nation’s capital! To register, visit eastgoshenrec.com or contact Jason Lang at 610-692-7171. Fee: $45

ACTIVITY: NYC Spring Day Trip
Dates: Saturday, May 11th (7am-8pm; leaves NYC at 5:30pm)
Format: There is no place better than NYC in the spring! Whether you visit a museum, Central Park, the Statue of Liberty or just “people watch”, there is always something new to do! This day trip drops off and picks up at Bryant Park, co-located with the NYC Public Library, right in the middle of all the action! To register, visit eastgoshenrec.com or contact Jason Lang at 610-692-7171. Fee: $45
Special Events

**ACTIVITY: Inaugural Charlotte Grace 5K**
*Dates:* Saturday, April 6th  •  *Location:* EGT Park
*Description:* On Saturday, April 6th, 2019 the Radcliffe Family and Friends, The Charlotte Grace Fund and the HEADstrong Foundation will present the Inaugural Charlotte Grace 5K, a 5K Race, 1M Fun Run/Walk and Kids Races in West Chester, Pennsylvania. Your participation in this event will be instrumental in allowing us to support the efforts of the HEADstrong Foundation and strengthen our commitment to families affected physically, emotionally and financially by a cancer diagnose. ***Runners and Walkers will receive HEADstrong Foundation awareness swag. All registrants signed up prior to March 15th will receive a race shirt. Anyone registered after March 15th is not guaranteed an opportunity to receive a race shirt but will receive other awareness items.***

To register: visit headstrong.org/charlottegrace5k

**ACTIVITY: East Goshen Township Egg Hunt**
*Date:* Saturday, April 20th, 10am
*Description:* Over 10,000 eggs will once again be spread out in East Goshen Park as we celebrate Easter and the coming of spring! Don’t forget to stop by the pavilion for a picture with the star of the event… the Easter Bunny himself! Event starts promptly at 10am and is very popular. We recommend arriving and being in place ready for fun by 9:45am!  •  *Location:* East Goshen Park

**ACTIVITY: Walk MS**
*Date:* Sunday, May 5th 10am
*Location:* East Goshen Park, Veteran’s Pavilion
*Description:* Welcome to Walk MS 2019 - connecting people living with MS and those who care about them. It is an experience unlike any other - a day to come together, to celebrate the progress we’ve made and show the power of our connections. The Greater Delaware Valley Chapter of the National MS Society is proud to host walks throughout the area – including East Goshen Park!

To get involved: visit www.walkms.org/eastgoshen

**ACTIVITY: Township Wide Yard Sale**
*Date:* Saturday, May 18th; 9am – 1pm (Rain Date: Saturday, May 19th)
*Location:* East Goshen Township Park, near the baseball fields
*Description:* Clear out your garages, sheds and attics and make a little pocket change along the way! The township will be composing a map of all yard sale sites and providing yard sale signs (first come, first serve). Those living in gated communities can reserve a spot at the Township Building – call 610-692-7171 to reserve your spot today!

**ACTIVITY: 10th Annual Tribute Trek**
*Date:* Saturday, May 18th 10am
*Location:* East Goshen Park, Veteran’s Pavilion
*Description:* The Tribute Trek is an annual fundraising walk held in memory of Dr. David L. Strauss, one of the founders of ReMed, who lost his battle with brain cancer at the age of 47. Every year, the local brain injury community of survivors, families, caregivers, colleagues, and friends gather to “trek” and raise funds to fulfill that very dream. All are welcome to partake in this meaningful event. Come help turn this dream into a reality! The 1-mile course, pavilion, parking and restrooms are wheelchair accessible. Please, note that this event will take place rain or shine. To register for this event or for more information, contact: Marlene Rivera at 610-695-6315, ext. 438 or at mrivera@councilonbraininjury.org or visit www.councilonbraininjury.org

**ACTIVITY: West Chester Band performance**
*Date:* Thursday, June 13th; 6:30pm-7:30pm
*Location:* East Goshen Township Park, stage
*Description:* The West Chester Band has been performing in the Chester County area since 1986 and for the last fifteen years has been under the direction of Joseph Gehring who also directs the Immaculata University’s Symphony and Concert Band, and the Chesco Pops Orchestra. Some of the other venues where the West Chester Band has performed have been Longwood Gardens, the New Holland Summer Entertainment in the Park, Anson B. Nixon Park in Kennett Square and now East Goshen Township Park! The summer 2019 program includes a nod to Bohemian Rhapsody (Freddie Mercury of Queen) and a Beatles medley!

Fee: Free!

**ACTIVITY: Color 5k Run presented by the Youth Mentoring Partnership**
*Date:* Saturday, June 22, 2019, 10:00am  •  *Location:* East Goshen Park
*Description:* gotgriCOLOR5k! - Endless joy and color in this untimed, non-competitive event as you are showered with powder (non-toxic, biodegradable dyed cornstarch) along the route! All proceeds from this event benefit the Youth Mentoring Partnership (YMP) and its Friend Fitness Program. Friend Fitness is YMP’s signature program, provided at NO CHARGE, which utilizes physical fitness as its medium to teach goal setting and grit. The program serves local youth in grades 6-12. To register, please visit www.gotgri5k.com

On June 22, what will your true colors be?

**ACTIVITY: East Goshen Township’s Community Day Celebration**
*Date:* Saturday, June 29th (Rain Date: June 30th)
*Location:* East Goshen Township Park
*Description:* Come out to beautiful East Goshen Park and start the summer with a “bang”! The fun-filled event includes moon bounces, live music, health screenings, a helicopter landing, petting zoo, a few surprises and ten food trucks serving a delicious bevy of options! New in 2019 – we’ll have two escape room experiences! Interested participants will need to register for specific escape room time blocks at Community Day. The night ends with spectacular fireworks display extending over the Applebrook Park vista!

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Fee: Free!
ACTIVITY: Chester County Teen Awesome FEST event
Date: Saturday, August 17th, 6pm
Location: EGT Park, stage area • Ages: 12-19
Description: In 2018, EGTPR created the first “Awesome FEST” in collaboration with the Chesco Department of Drug and Alcohol Services, the YMCA of the Greater Brandywine, West Chester branch and eleven other community partners. Over 150 teens from a variety of high schools came to EGT Park and enjoyed teen musicians, teen comedians, kickball, free food and more! Open to all Chester County high school students, we encourage all to attend this night of positive, collective experience! Uniquely, the entire night is planned with input from the Teen Advisory Committee, who selects activities, recruits volunteers, manages social media platforms and handles on site event operations!

ACTIVITY: Teen Filmmakers Showcase, a Chesco Awesome FEST event
Date: Monday, August 19th, 6pm
Location: Movie Tavern Exton • Ages: 12-19
Description: Calling all teenagers! Come see your movie, short film or video on the big screen! We are partnering with the beautiful, new, Movie Tavern Exton to host the 2019 Teen Filmmakers Showcase! Event attendees will get to walk a red carpet and join fellow teens in a 150 seat arena to watch some great cinema! Penn State and Kutztown University film department faculty will be hosting a Q & A as well! If you are thinking of applying to film school – come rub elbows with the decision makers! Submissions from Chester County high school film clubs will also be accepted. The submission period is February 1st through June 1st and Critic’s Choice and Fan Favorite Awards will be given out.
Email Jason Lang at jlang@eastgoshen.org for full submission details, or submit online at https://filmfreeway.com/ChescoTeenFilmmakersShowcase

ACTIVITY: Yoga
Location: East Goshen Township Building
Description: Our body has incredible regenerative powers and yoga is valuable for stress management and general well-being. Your body will become more flexible, stronger, balanced and healthy. You will be able to sleep better, have more energy and develop a more positive approach to life. Bring a yoga or exercise mat, small pillow, and wear comfortable clothes.
Mon: Gentle Yoga 9 - 10:15 am / May 6 - August 19, 2019 (No classes May 27, July 8 & 15)
Tues: All Levels 5:30 - 6:45 pm / May 7 - August 20, 2019 (No classes July 9 & 16)
Thurs: Seniors Yoga 4 - 5 pm / May 10 - August 22 (No classes July 11 & 18)
Fee: $120 14 week series (75 min / Mon or Tues) / $90 Seniors Yoga Class (Thurs 4 pm)

ACTIVITY: ESSENTRICS® Aging Backwards
Fee: $120 (8 wk series)
Description: This is an age reversing workout that will restore movement in your joints, flexibility in your muscles, relieve pain, and stimulate your cells to increase energy, vibrancy and your immune system. A slow-paced, full body workout created by the author of Forever Painless and the New York Times bestseller, Aging Backwards. Bring a yoga mat, and water.
A. - Monday, 6:00 pm - 7:00 pm / March 11 - April 29, 2019
B. - Thursday, 9:00 am - 10:00 am / March 14 - May 2, 2019

ACTIVITY: ESSENTRICS®
Fee: $120 (8 wk series)
Description: This is a dynamic full body workout that rapidly changes the shape of your body through a combination of strengthening and stretching. Perfect for men and women of all fitness levels, this program rebalances the body, prevents and treats injuries and unlocks tight joints. This workout leaves you feeling energized, youthful and healthy. Bring a yoga mat, and water.
Thursday, 6:00 pm - 7:00 pm / March 14 - May 2, 2019
Location: SAMA CENTER, Goshen Professional Center: 1240 West Chester pike, Suite 207, West Chester PA 19382 • www.samacenter.com

ACTIVITY: ESSENTRICS Aging Backwards for Seniors
Fee: $120 (8 wk series)
Location: SAMA CENTER, Goshen Professional Center: 1240 West Chester pike, Suite 207, West Chester PA 19382 • www.samacenter.com
Description: This course is aimed at regaining your mobility while slowly building strength and reawakening the power of your 650 muscles. The class has a slower pace than our general Essentrics classes. It is designed for those who have atrophy-related stiffness, frozen shoulder, chronic aches and pains, or who are beginning to exercise after a long sedentary period. For men and women of all ages who are looking for a gentle, slow tempo class. Bring a yoga mat, and water.
Mondays, 4:00 pm - 5:00 pm / March 11 - April 29, 2019

ACTIVITY: Measure for Measure
Fee: Free!
Location: East Goshen Township Park, stage area
Description: “Some rise by sin and some by virtue fall.” The city is adrift in moral decay. The Duke decides to go undercover as a holy man, leaving his holier than thou deputy, Angelo, in charge to harshly enforce the strict morality laws of the city. Angelo begins his rule by making an example of Claudio, sentencing him to death for getting his fiancée with child. Claudio’s sister Isabella, a young novitiate, pleads for his life. Hypocratically, Angelo agrees to spare Claudio but at great cost to Isabella. She has an impossible choice to make. Give up her innocence or give up her brother for execution. In Shakespeare’s bawdy and witty, dark comedy, questions of mercy, justice, corruption of power, and religious hypocrisy are explored in a thrilling story line seemingly made for today. What are the human consequences of power in the wrong hands? How can the scales of justice and mercy be leveled fairly and humanely? Join us in exploring the questions that lay at the passionate heart of William Shakespeare’s timeless and timely work, Measure for Measure

ACTIVITY: East Goshen Food Truck and Music Festival
Date: Saturday, August 24th; 4pm – 8pm (Rain Date: August 25th)
Location: East Goshen Township Park, stage area
Description: The 2019 Food Truck and Music Festival will be an amazing event you won’t want to miss! Send the summer out with a bang, listening to some great tunes, eating delicious food and for the first time, enjoying the beer and wine garden! Locust Lane Brewery, located just down the road in East Whiteland Township, and Chaddsford Winery, will be joining us for this amazing event! Alcohol sales and consumption will occur from 4pm to 7pm, and can only take place within the beer/wine garden area. Fee: Free!
Music Lineup: The Swing Time Dolls (4pm-4:45pm) performing 1940s standards such as “In the Mood”
The Little Red Rooster Band (4:45pm-6pm) performing Chicago-style blues, in 2015 they were inducted into the International Blues Hall of Fame! Not Quitting Our Day Jobs (6pm-8pm) will close the show with their high energy versions of classic rock songs!
**COMMUNITY PROGRAMS**

**ACTIVITY: Zumba Gold Toning**

Description: Zumba Gold Toning combines the heart-pumping choreography of Zumba with classic Gold's Gym workouts. This high-energy class is perfect for those looking to burn calories and tone their bodies.

**ACTIVITY: Zumba Toning**

Description: Zumba Toning is a combination of low-impact Zumba and Pilates moves designed to tone and strengthen the body.

**ACTIVITY: Philly Bhangra Club**

Description: Philly Bhangra Club is a fitness program that combines aerobic exercise, culture, and music. The class is led by experienced instructors.

**ACTIVITY: Pilates**

Description: Pilates is a fitness class geared for those wanting to strengthen core muscles groups, improve posture, flexibility and balance. Instructor Ruby Layfield has been teaching Pilates since 2010. She is adept at teaching novices all the way to seasoned pros.

**ACTIVITY: Applebrook Golf Outings**

Description: Two pickleball courts are officially open for play in the park! The best part – we have everything you need to play! We have a locked box at the courts that has two nets, rackets and pickle balls. Call the Township during business hours at 610-692-7171 for the access code. Interested in forming a league, tournament or more formal play? We are collecting names and emails from those interested, with some level of formal play beginning in the spring. Email Jason at jlang@eastgoshen.org to be put on the list! Want to help get pickleball moving here in East Goshen? We are also interested in finding a pickleball aficionado to lead the charge! **Fee:** Free!

**ACTIVITY: Senior's Card Club - MahJongg**

Description: Come join our beginning Mahjongg group. No instruction provided. You can come with or without tiles! **Fee:** $105 ($50 caddy fee)

**ACTIVITY: East Goshen Stones League**

Description: Ever heard of Stones??? Probably not, but it’s the next big sport! It’s most like playing bocce in the middle of the woods – with logs, stumps and rocks all in play! This fun sport can be played by all ages and is new to East Goshen Township Park! The founders of Stones have put a tremendous amount of time and “sweat equity” into the course in EGT Park – come try it out!!! For Township residents, we have a locked box on site with public use equipment. Please contact the Township at 610-656-8718 for the access code.

**ACTIVITY: Toddler Story Time**

Description: Join staff from the Malvern Public Library as they read stories to toddlers and their caregivers at the Township building.

**ACTIVITY: East Goshen Park**

Description: East Goshen Park plays host to over 80 special event rentals each year! Whether scheduling a birthday party, family BBQ, corporate outing or fundraising 5K, our park should be your first choice! Imagine a birthday party at the Hicks Pavilion with the brand new playground as a backdrop – sounds awesome! If you’re interested in holding an event in the park, please contact Jason at 610-692-7171 or jlang@eastgoshen.org. In general, the peak dates of May – September book three months out. More detailed information including permit rates and rules/regulations can be found on the Township website.
REQUIRED RECREATION REGISTRATION FORM
(Please Submit With Payment)

This form must be filled out completely and your check must accompany to complete registration.
(This form is not for Youth Recreation Camp and Applebrook Golf – please visit the East Goshen Recreation webpage or office for those forms)

Please fill in each Activity Name below along with activity fee, dates and times.

<table>
<thead>
<tr>
<th>Name &amp; Email Address</th>
<th>Resident?</th>
<th>Activity &amp; Details</th>
<th>Cost</th>
<th>Cell Phone</th>
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* Date of Birth is required if registrant is under the age of 18

I the undersigned, intending to be legally bound for myself, my heirs, executors, administrators, and assigns, hereby waive and release any and all rights and claims for damages I may now or hereafter have against East Goshen Township, and their respective employees for any and all damages or injuries which may be sustained by me or my family arising out of my participation in the above activity.

PHOTOGRAPHIC RELEASE. By signing below, I give consent that videotapes, photographs, recordings, motion picture film and/or electronic images of me and other participants may be used by the Township, and its successors and assigns in any and all publications and other media in order to increase community awareness of East Goshen Township programs. I give my consent that such photographs, recordings, motion picture film and/or electronic images and the plates, tapes, and/or software from which they are made shall be the property of the township and the Township has the right to sell, duplicate, reproduce and make such other uses of such photographs, recordings, motion picture film and/or electronic images of me as it desires free and clear of any claim on my part.

Signature of Participant (or Parent/Guardian) ______________________________________

I choose to opt out of the PHOTOGRAPHIC RELEASE (please initial) _____

Date Submitted: __________       Amount Paid: ________

Checks must be made out to East Goshen Township. The township building address is: 1580 Paoli Pike, West Chester, PA 19380. If paying online, please complete the above form, select “Submit Form” (Located On Upper Right Of Your Screen) and then complete payment by clicking here.

Check must accompany this form - Unless you are paying online - Thanks

Questions? Please call 610.692.7171 and or email Jason Lang at jlang@eastgoshen.org
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<td>APR 03</td>
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Public meetings days and times are subject to change. Please check the Township's website for the latest information.

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SPRING 2019
NEWSLETTER

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