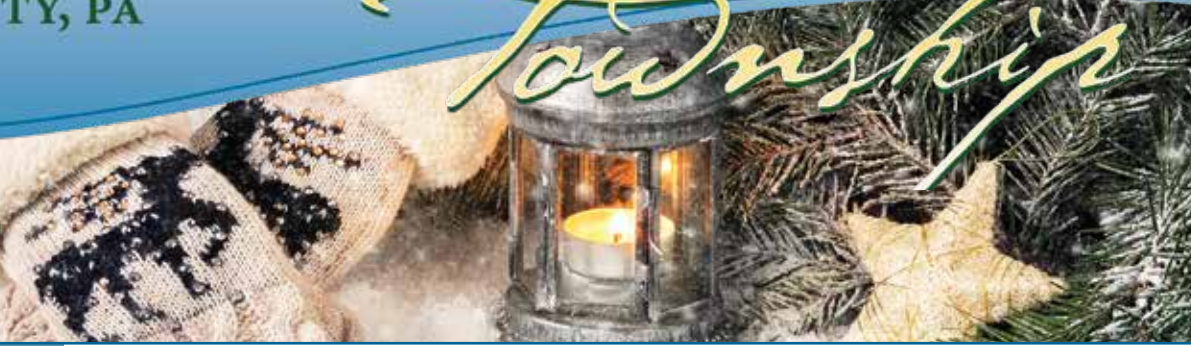




# EAST GOSHEN

CHESTER COUNTY, PA

*Township*



**NEW TRASH & RECYCLING PICK-UP DAYS**  
 Starting January  
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## LETTER FROM THE CHAIRMAN

Dear Friends, Neighbors and Fellow Residents:

I hope that everyone is having a very happy holiday season! As many of you know, this will be my final Chairman's letter in the newsletter since my term in office ends at the end of the year. It has been an honor and a privilege to serve East Goshen for the past 40 years on the Planning Commission, the Zoning Hearing Board and finally the Board of Supervisors.



When I first moved to East Goshen in the mid-1970s, it was semi-rural. Residents enjoyed the farms and extensive open space and did not want any more development. My new home in Marydell had just been constructed, and the residents of the adjacent (and slightly older) Pin Oaks development were so furious about the potential for additional traffic that they asked the Township to put up traffic barriers on Barker Drive to keep the new Marydell residents out. A decade later, Marydell and Pin Oaks residents put aside their differences and banded together to try to stop Bow Tree from being approved. Variations of this pattern have continued ever since. But, despite it all, the Township grew into the attractive, desirable suburban community that we all live in and love today. And now the torch is being passed to a new generation of leaders who will face their own challenges managing future growth and ensuring that each of our investments in East Goshen remains as solid and secure as ever. I wish them luck!

There are so many things to be proud of about our Township—our award-winning park, the new Paoli Pike Trail, and the passion and pride that our residents have about calling East Goshen home. Through the years I have worked with some very talented and dedicated people, starting with Tom Smith, Rick's uncle and the first Township Manager, and long-time Planning Commission member Whitey Hassler and moving forward to my fellow Supervisors, Township staff and ABC volunteers of today. I have learned so much from all of them and could not have done my job without their support.

And finally, I have also gained so many tremendous insights from the countless residents who have made an effort to express their views at meetings or by email. Your input, concerns, and opinions have been critical to shaping the Township into the place that it is today and will be long after I'm gone. Serving the Township and balancing the competing demands of 18,000 stakeholders is never easy, but it is why we do what we do. You are what ultimately makes East Goshen a great place to live, work and play. So, from the bottom of my heart, thank you!

Have a wonderful Holiday Season and a happy and healthy 2020!

*Janet*

Janet L. Emanuel, Chair



*East Goshen Township...a great place to work, live and play*  
 Visit us on the web at [www.eastgoshen.org](http://www.eastgoshen.org)



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 West Chester, PA 19380  
 www.hersheysmillgolfclub.com

**Wedding & Banquet Info:**  
 Linda Iling  
 610-431-1600 ext. 311  
 lilling@hersheysmill.com

**Golf Outings • Weddings • Banquets**

**Membership Info:**  
 Scott Martin  
 610-436-8900 ext. 229  
 smartin@hersheysmill.com

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**Tour Our Campus and Learn More About:**

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- Register under the Admissions tab at goshenfriends.org




814 N. Chester Rd., West Chester • 610-696-8869

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 Cell: 610-283-2248  
 Email: Karengalese@comcast.net



RE/MAX

## TOWNSHIP DIRECTORY

East Goshen Township Building  
1580 Paoli Pike  
West Chester, PA 19380

OFFICE HOURS  
Monday through Friday  
8am to 5pm  
610.692.7171  
Fax: 610.692.8950  
www.eastgoshen.org

### TOWNSHIP MANAGER

Louis F. Smith, Jr.  
rsmith@eastgoshen.org  
610.692.7171

### MEETINGS

East Goshen Township meetings are advertised in the *Daily Local News*.

All Township meetings and workshops, with the exception of Board of Supervisors executive sessions, are open to the public.

### *Thank You To The Businesses*

The Board of Supervisors would like to thank the businesses that appear in this newsletter and to recognize them each as supporters and cornerstones of our community. For it is with their contributions that this newsletter has been produced at minimal charge to our residents.



## HAPPY RETIREMENT TO EAST GOSHEN'S DIRECTOR OF FIRST IMPRESSIONS!

Please join us in congratulating Joanne Morgan, the Township's long-time Receptionist, on her very well-deserved retirement after 31 and a half years of service. Anyone who has ever called or visited the Township building will surely recognize Joanne distinctive voice and friendly demeanor. She was most certainly our "Director of First Impressions". Joanne moved to East Goshen as a young girl in the late 1950s and was raised on Meadowbrook Drive, when it was surrounded on all sides by farms, woods and open fields. She attended East Goshen Elementary, West Chester Junior School and Henderson High School. After beginning her career at West Chester University, Joanne joined the Township staff in 1988 and has never looked back.



Happy retirement, Joanne!



## WELCOME TO THE BOARD

Please join us in congratulating Michele Truitt and John Hertzog on their election to the Board of Supervisors! They will be sworn in at the Township's annual reorganization meeting on Monday, January 6<sup>th</sup>. Congratulations Michele and John!



E. Martin Shane  
mshane@eastgoshen.org



Carmen R. Battavio  
cbattavio@eastgoshen.org



Janet L. Emanuel  
jemanuel@eastgoshen.org



David Shuey  
dshuey@eastgoshen.org



Michael Lynch  
mlynch@eastgoshen.org



## A NOTE FROM OUTGOING SUPERVISOR, CARMEN R. BATTAVIO

It is humbling to realize I am coming to the end of my three terms (18 years) as one of East Goshen's five Supervisors! There are many people I would like to take the time to thank.

First, the residents - I am honored that you put your trust in me for all these years. Please know, that I have always tried to base my decisions on what would be in the best interest of East Goshen Township.

Second, our Township staff – I was always able to rely on you and count on your help. Your expertise and friendship were invaluable to me.

Last and most importantly, my wife, Karen, and my four children. The love and support you continually show help keep me focused on the important issues.

Those who know me know that service has always been an important part of my life and I intend to continue in some capacity. My hope is to remain available to continue serving our community whether with the Township or with my beloved Goshen Fire Company. Through the years, my association with both of these groups has provided me memories I will never forget, and my wish is to continue making new ones.

Godspeed and thank you, from the bottom of my heart.

Carmen R. Battavio



### IMPORTANT INFORMATION

#### Brandywine Valley SPCA and Tri-State Bird Rescue needs your help!

The Animal Rescues cannot thank you enough for your past support.

- Kitty Litter • Washable Dog & Cat Toys
- Towels & Blankets • Pillow Cases, Sheets
- Dog Beds • Liquid Laundry Detergent
- Bleach & Cleaning Supplies



#### U.S. Flag Disposal:

Any U.S. Flag that is torn or faded and needs to be disposed of properly can be dropped off at the Township for a proper retirement. A local VFW will conduct a proper flag retirement ceremony to dispose of it.

**State Roads:** *Boot Road, Greenhill Road, N. Chester Road, Strasburg Road, West Chester Pike and Paoli Pike.*

Any residents living on a state road that needs road repair or has trees down or pot holes may call PennDOT at 484-340-3200.

#### Call Before You Dig:

If you have to dig or excavate on your property, please remember to call before you dig.

1-800-242-1776 or 811 PA One Call



#### Broken Water Main:

Call Aqua Pennsylvania at 610-525-1402, 24 hours a day

#### Clogged or leaking sanitary sewer lines; sewage smell in the creek:

Contact East Goshen Municipal Authority at 610-692-7171 during regular business hours.

During weekends or after hours on weekdays, call 911.

#### Website:

The answers to most questions about the Township can be found by visiting [www.eastgoshen.org](http://www.eastgoshen.org). In particular, the FAQ section, which can be found under the "About Us" tab, is a very useful resource for residents.

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Email your resume to [gregory.cbn@gmail.com](mailto:gregory.cbn@gmail.com)



WHERE YOU GO, WEGO!

**The Latest News from the Westtown East Goshen Police Department**

### Coffee with a Cop

The WEGO Police Department would like to thank Hershey's Mill for hosting Coffee with a Cop on October 14th. Officers enjoyed a chance to connect with residents and learn about what is happening in their community.

*Chief Brenda Bernot speaks with a resident of Hershey's Mill*



### WEGO Recommends ReportIt, a Citizen Property Inventory System

WEGO PD encourages residents to use a free online system that will help keep track of valuable—and invaluable—personal property. ReportIt is a free, secure online service allowing citizens to record serial numbers and upload images for phones, electronics, and other valuables. Should those items ever be stolen, WEGO PD says having the information will go a long way in accurately and quickly identifying your property. Citizens can access the site at [reportit.leadsonline.com](http://reportit.leadsonline.com). The ReportIt service is a part of LeadsOnline, an online system that works with police across the country to track and recover stolen property. WEGO PD uses LeadsOnline to help track and recover stolen property, including everything from jewelry to sporting equipment to electronics, computers, cameras, and other items such as designer clothing, collectibles, and more. The system allows detectives to search for the items using a variety of parameters, including item descriptions and serial numbers. When an item is sold to a pawn or secondhand shop, the product information is entered in the LeadsOnline system.



Visit [www.reportit.leadsonline.com](http://www.reportit.leadsonline.com) to learn more or sign up today!

### Beards for Charity

If you noticed that our officers looked a little different this fall, it's because they adopted a new look—for charity!

This October and November, the Westtown-East Goshen Regional Police Department and several other surrounding police departments joined forces to grow beards.

All of the participating officers and police associations contributed funds towards two charitable causes near and dear to us: "Unite for Her" and "Beards for Buc."

Unite for Her is a locally-based charity committed to helping women diagnosed with breast cancer navigate their way through treatment by providing complementary therapies designed to promote physical and emotional wellness.

Beards for Buc is a new endeavor that began last fall. "Buc," or Sergeant Christopher Sambuco, from the Caln Township Police Department suddenly and unexpectedly passed away in April 2018. He left behind an extended law enforcement family, as well as a wife and four young children. Chris was a devoted husband, father, friend and public servant. Funds raised will benefit the Sambuco Children Education Fund.

THE WILLISTOWN POLICE DEPARTMENT, ALONG WITH OUR PARTNERS AT WEST COSHEN, WEST WHITELAND, WALDEN BOROUGH, WESTTOWN-EAST GOSHEN REGIONAL, EASTTOWN, CHESTER COUNTY SHERIFF, SARGENT, BONNETT SQUARE BOROUGH, EAST BRANDSWINE, LWISHLAN, WEST PHILADELPHIA AND EAST WHITELAND POLICE DEPARTMENTS ASK YOU TO JOIN THEM IN GROWING

## BEARDS FOR CHARITY

WHEN: OCTOBER 1ST- JANUARY 1ST

CHARITIES: UNITE FOR HER BEARDS FOR BUC

DONATIONS: EACH OFFICER DONATES \$500- OUR POLICE ASSOCIATION WILL MATCH TOTAL

CONTACT: JNARCISE@WILLISTOWN.US  
JOHN NARCISE  
CHIEF OF POLICE  
WILLISTOWN TOWNSHIP POLICE

Beards for Buc is a new endeavor that began last fall. "Buc," or Sergeant Christopher Sambuco, from the Caln Township Police Department suddenly and unexpectedly passed away in April 2018. He left behind an extended law enforcement family, as well as a wife and four young children. Chris was a devoted husband, father, friend and public servant. Funds raised will benefit the Sambuco Children Education Fund.

Unite for Her is a locally based charity committed to helping women diagnosed with breast cancer navigate their way through treatment by providing complementary therapies designed to promote physical and emotional wellness.

We raised \$4,000 in 2018 for three charities. Our goal is to increase this number in 2019.

### One Warm Coat Drive

Thank you to the scores of East Goshen residents who donated new or gently used winter clothing during our recent One Warm Coat Drive in Memory of Amy. The items were brought to shelters in the community. The coat drive was sponsored by One Warm Coat and Amy's family. Learn more at [www.onewarmcoat.org](http://www.onewarmcoat.org)





## GOSHEN FIRE COMPANY IS LOOKING OUT FOR EAST GOSHEN



In addition to our normal duties, Goshen Fire Company was hard at work during October, which is Fire Prevention Month. Goshen Firefighters visited 11 different schools to teach kids about fire safety and what kid doesn't love seeing fire trucks?



For kids and adults of all ages, we held our annual Open House on Friday, October 11th. In addition to feasting on hot dogs and soft drinks, our guests saw police and fire apparatus from across the county, vehicle rescue demonstrations and a live burn. Kids got to practice using a household fire extinguisher and explored our inflatable fire safety house.



1. Thanks to multiple county Police and Fire Agencies for joining us.
2. Sparky the Fire Dog is always a hit.
3. Quite a crowd gathered to watch Firefighters extinguish a simulated structure fire.
4. Firefighters attack and quickly control the fire.
5. This inflatable fire prevention house helps us show kids what to do in case of a fire at home.

## MARK YOUR CALENDARS!

Mark your calendar for a visit with Santa at the Park Avenue Firehouse on Sunday 12/1 from 10am-3pm. Come for pictures with Santa and have a hot chocolate and snacks. This is a pet-friendly event! Follow us on Facebook for more details.



## PENNSYLVANIA STATE FIRE COMMISSIONER VISITS GOSHEN FIRE COMPANY

On October 3, 2019, Goshen Fire Company had the privilege to have Bruce Trego, State Fire Commissioner for the Commonwealth of Pennsylvania, visit our Park Avenue fire station. During the visit Fire Company President Bob Fleming and Fire Chief Grant Everhart discussed how the support of the Office of the State Fire Commissioner (OSFC) and Pennsylvania State Fire Academy (PSFA) have enabled the fire company to enhance our operational effectiveness, efficiency, and safety and our ability to continue to serve our community through the provision of high-quality fire, emergency medical services, and fire police services.

An example of this support is the *16-hour Rapid Intervention Team Exercise* course that a cadre of six instructors from the Pennsylvania State Fire Academy delivered at Goshen several years ago. This course, which was scheduled at our request and hosted by the fire company, provided advanced classroom training and extensive hands-on training designed to provide participants with the skills and knowledge necessary to function effectively, efficiently, and safely as members of a rapid intervention team assigned to rescue emergency responders trapped during a structural fire response. Sixteen of our members completed this training and met the qualifications to serve on our Rapid Intervention Team. This sophisticated and expensive training was provided at no cost to the fire company. The lessons learned during this course were also invaluable as we revised our related response policies and procedures.

For a number of years Goshen Fire Company has received two separate grants each year through the Office of the State Fire Commissioner Grant Program. The Fire Grant has been used to make a number of important purchases including firefighting and rescue equipment and personal protective equipment (PPE). For several years this grant funded the purchase of specialized technical rescue equipment and related training in support of our technical rescue and rapid intervention capabilities. The most recent Fire Grant was used to purchase replacement fire hose and new nozzles. Over the years the EMS Grants have similarly been used to purchase necessary emergency medical services equipment and personal protective equipment. During Commissioner Trego's visit we were able to discuss the equipment that we use that was purchased using the funding provided through the Office of the State Fire Commissioner.

This visit also provided an opportunity to discuss the challenges that all contemporary fire departments face in terms of recruiting and retaining personnel and securing necessary funding to support the essential services that we provide in a manner that not only meets but, ideally, exceeds the expectations of the community that we have the privilege to serve. We are genuinely grateful for the many ways that the Office of the State Fire Commissioner and Pennsylvania State Fire Academy support and assist us.




*Fire Chief Grant Everhart, State Fire Commissioner Bruce Trego, and Fire Company President Bob Fleming*



*Fire Chief Grant Everhart discussing firefighting and technical rescue equipment purchased through OSFC grants*

### We need your help...

Our Fire, EMS and Fire Police divisions always welcome new volunteers; training and equipment is provided at no cost to you! Got a special skill you can share with us? We also need volunteers to help with marketing, administration, finance, and special events. Stop by our 1320 Park Avenue station any Monday night, email us at [admin@goshenfireco.org](mailto:admin@goshenfireco.org) or go to [www.goshenfireco.org](http://www.goshenfireco.org) for information on how you can join us.

 Follow us on Facebook at Goshen Fire Company.





## HOW YOU CAN SAVE EAST GOSHEN...AND THE PLANET TOO!



The East Goshen Sustainability Committee (SAC) is excited to launch two new initiatives with the long-term goal of ensuring that our Township (and planet) remain healthy and sustainable for generations to come.

The first is the **3.5% Brigade**, which is based on the theory developed by Harvard professor Erica Chenoweth that no policy can withstand a challenge of 3.5% of a population. For the SAC's 3.5% Brigade, the idea is that if at least 3.5% of our residents, or about 630 residents out of over 18,000 total, can become change agents for renewable energy, we will be able to effect positive change. Will you stand up and be counted?

By joining our **3.5% Brigade**, you will start receiving emails with suggestions and invitations to events, which will include demonstrations of products and services to help you convert to clean energy, recycle more efficiently and make smarter purchases. We may invite you to contact state and federal officials in support of safety and environmental protection. We may invite you to attend public meetings and gather for peaceful events. You can choose whichever forms of involvement are most comfortable to you.

If you are super busy right now, you can help in less public ways by being part of our second initiative, the **Green Brigade**. Join our **Green Brigade** to receive a monthly email rather than more frequent communications.

Sign up for either the **3.5% Brigade** or the **Green Brigade** by emailing us at [sac@eastgoshen.org](mailto:sac@eastgoshen.org). In the meantime, here is a checklist for your consideration to help create a Cleaner, Greener East Goshen.

**REFUSE:** Bring your own bags whenever you shop. Bring your own containers when you eat out for leftovers. Buy in bulk when you have a reasonable expectation of usage. Share leftovers with family, friends and neighbors.

**REFUSE** plastic utensils for take-out. Plan ahead! Carry a set of utensils and paper or cloth napkins in your car or purse. Refuse to use or purchase plastic straws. Carry your own in bamboo or stainless steel.

**REFUSE** to drive when you can walk or bike. Group your errands to use your car less frequently each day. Plan to buy an all-electric car. In the next few years there will be an explosion of charging stations for your convenience, as new technology will result in much shorter charging times.

Consider replacing your oil burner with a geothermal or electric

heat pump unit. Help counteract the dangers of highly volatile liquids coursing through our neighborhoods by showing we don't wish to rely on fossil fuels to power our cars, our homes, and our purchases of plastic products. Consider solar panels for your roof and yard.

**REUSE:** Reuse and recycle plastic bags in bins provided by local merchants. Plastic food containers can be reused in the kitchen, garage, shop, basement, etc. for non-food storage. The less plastic we buy, the less fossil fuels are used to make these containers.

**REPURPOSE:** Many items you no longer need in their original form can be repurposed. Numerous examples are illustrated on-line. Doors become tables and desks. Head and foot boards convert to benches. Bookcases become toy cubbies. Non-working grandfather clocks become shelves, updated with paint and wallpaper.

**RECYCLE:** When an item can no longer be reused or repurposed, donate it to a local non-profit that can help those in need. Some of these organizations will pick up at your home or office.

**RECYCLE** newspapers, junk mail, used computer paper, and all paper not heavily coated with plastic. (This newsletter is coated to withstand postal delivery, but can be recycled.) If your pizza box is only greasy on the bottom half, cut the top off and recycle it. Rinse out glass jars. Peanut butter jars require soap and patience, but they come clean!

These efforts may seem minor in the face of dire climate predictions, but what we each do matters. We have hundreds of suggestions to pass along to you. We will provide more specifics soon for EGT recycling guidelines. Refer to your HOA or community guidelines if your residence is not served by the Township's refuse and recycling contract.

Which team will you join today? The **3.5% Brigade** or the **Green Brigade**? Our children and grandchildren are watching us. Our wildlife is counting on us too. Contact [sac@eastgoshen.org](mailto:sac@eastgoshen.org) today!

Our Planet depends on her Protectors. Be a Superhero. Tell your kids and grandkids you are an official Protector of the Planet. Tell them we are protecting it for them. Join us!

Happy Holidays!

*Christi Supple*

Chair, East Goshen Sustainability Advisory Committee



## WINTER WEATHER AND SNOW REMOVAL

### Pre-storm Preparedness Checklist:

- ✓ No on-street parking to allow efficient and safe plowing/salting
- ✓ Clear snow from any fire hydrants on or near your property
- ✓ Keep a safe distance from all plow trucks
- ✓ Avoid all unnecessary travel
- ✓ Have a 7-day supply of all medications
- ✓ Have 1 gallon of water per person per day on hand
- ✓ Have a 3-day supply of non-perishable food
- ✓ Have baby supplies, diapers, formula, etc.
- ✓ Flashlights and batteries
- ✓ Radio – battery operated
- ✓ Blankets
- ✓ Full tank of propane for grill
- ✓ Have your gas tank filled
- ✓ Have your pets inside; make sure they have a 7- day supply of food
- ✓ Have dry wood in a garage or covered for the fireplace or wood stove

### Snow Removal:

- We put a layer of brine on the road before the snow event starts; this prevents snow from bonding to the pavement and creating ice.
- Then we put a layer of salt down on the roads when the snow event starts.
- Once the snow starts to accumulate the plows begin to make one pass in and out of every street until the snow stops.
- When the snow stops we begin to clear the streets by pushing the snow to the curb.
- When clearing your driveway **do not** deposit the snow into the roadway; this can cause hazardous conditions for other motorists.
- Cul-de-sacs and storm drains are the final areas to be cleaned up after a storm.



### Important Information on Snow Removal:

- Do not park on the street during a snow event.
- When shoveling your driveway leave the last six feet of your driveway un-shoveled until the plowing has ceased. This un-shoveled part will allow the snow being pushed by the plow to remain on the plow and not pushed into your driveway.
- The Township does not plow residential driveways.
- If an ambulance has been called to an address in the Township, we will help bring in the emergency vehicle.
- Please bear in mind that we cannot be everywhere at once. We will plow all roads in order of traffic priority, first the main roads then the secondary roads.
- Our snow plow drivers are asked to take precautions to avoid striking mailboxes with their plows, but snow can be extremely heavy and a cold brittle mail box can come down easily.



### Mailboxes:

- Expensive/Ornate mailboxes should be replaced with a basic mailbox for the winter months
- Mailboxes should be located so the face of the box is 6-8 inches from the edge of the curb. This is according to USPS guidelines. We suggest putting them as far as 15 inches back from the road edge.
- Is your mailbox sturdy? Plastic mailboxes tend to become brittle from the sun's UV rays. Make sure the door on the mailbox is closed tightly. If the door is missing or open the mailbox is sure to "fold" on impact of the snow.
- The East Goshen Township Board of Supervisors have passed a resolution that states the Township will reimburse a resident \$25 for replacement or repair of a damaged mailbox, provided the resident has advised the Township of said damages within one week of the snow removal operation. The Township does not repair mailboxes.

## EAST GOSHEN'S SANTA

When the holiday season arrives  
No matter what you believe  
There is a man known as Santa  
Who makes holiday memories be retrieved

He never changes his outfit  
The man is timeless  
Cares nothing for diets  
Children consider him priceless



This treasure does not care who you are  
Welcomes all on his lap  
He listens to your order  
Sitting on his kneecaps

He loves animals  
Especially reindeer  
He likes to travel  
Whether foul or clear

Santa tries very hard  
Not to let you down  
Be on your best behavior  
Not only when he comes around

He looks like a grandfather  
Santa is real to those who believe  
His life is a holiday puzzle  
Always making gifts for you to receive

Enjoy the season  
Enjoy your family and friends  
Enjoy the arrival of Santa  
Have happiness to no end

Happy Season to all!  
*Nancy Bialy Daversa*  
East Goshen Poet Laureate



Santa lives at the North Pole, which is its own place. No country owns it. Since all lands have flags, please draw what you think the North Pole flag should look like and bring it to the Santa Escape Room at the North Pole event to be held at the Blacksmith shop on December 23, from 10-12. If you're not going, please drop your artwork off in the gift-wrapped box at the Township building by December 22. A winner will be picked and given a prize. Maybe we will even send the drawing to the North Pole for the elves to make the flag and fly it over Santa's home!



Friends of East Goshen, an independent non-profit 501(c)(3) dedicated to raising funds for events in East Goshen Park, would like to thank our 2019 sponsors. Because of their support, the Township was able to host community-wide events like Community Day at close to no cost for Township taxpayers.

**Alpha Space Control Co, Inc • Applebrook Associates**  
**Buckley Brion McGuire & Morris LLP**  
**Conway Power Equipment • David & Donna Shuey**  
**Del Vacchio Landscape & Garden Center**  
**DellaVecchia, Reilly, Smith & Boyd Funeral Home**  
**East Goshen Republican Committee**  
**Ed & Demi Kozlowski • Fred Beans of West Chester**  
**Gawthrop Greenwood, PC • Great Clips**  
**Hal & Maureen Zuber • Lenni Electric Corporation**  
**Marsh Creek Signs • Matlack Florist**  
**McMahon Transportation Engineers**  
**Mr. & Mrs. Nicholas G. Perakis • Ms. Edna Hneleski**  
**Oriental Pearl Restaurant • Pennoni**  
**Pipe Data View Services • Reilly & Sons, Inc**  
**Rick & Bonnie Smith • Shady Tree**  
**Swope Lee Commercial Real Estate • Tecniplast USA**  
**Ted Harrison III • The Honorable & Mrs. Dan Truitt**  
**Thom & Irene Clapper • Tom Tartaglio**  
**Unruh, Turner, Burke and Frees, PC**

If you would like to contribute to the Township's slate of community events in the Park in 2020, please visit our website at [www.friendsofeastgoshen.org](http://www.friendsofeastgoshen.org) or email [info@friendsofeastgoshen.org](mailto:info@friendsofeastgoshen.org) for more information.

Interested in serving on Friends of East Goshen? We are always looking for volunteers. Contact the Township to learn more!



# COMITTA'S

## CORNER

### Here to Help You

My office is always available to assist you with any state-related issues you may have. We can help you with programs such as SEPTA Senior Key cards, obtaining birth/death certificates, PennDOT services, Property Tax/Rent Rebate program, search through PA's unclaimed property database and much more.

My West Chester office is located in the Washington Square Apartment Building; 21 W. Washington St., Suite A, in the Borough of West Chester. **Free parking is available in our lot!** You can call my office at **(610) 696-4990** with any questions.



*Rep. Carolyn Comitta*

### 2019 Comitta's Corner Newsletter

You may have received a copy of my 2019 "Comitta's Corner" newsletter in the mail. If you missed it, you can also view my newsletter on my website. Read more about legislative updates in Harrisburg and news in the 156th Legislative District!

As always, do not hesitate to contact my office for state-related questions or concerns at **(610) 696-4990**. Visit my website at: [www.pahouse.net/Comitta](http://www.pahouse.net/Comitta).

### Stay Connected!

Sign up to receive my email alerts and learn more about news in Harrisburg and the 156th District! You can visit <http://www.pahouse.com/emailsignup> to sign up for our e-newsletter. You will receive a weekly email update on state-related information, events my office will be hosting, and much more. For more updates, you can like/follow my social media accounts.

### *Carolyn Comitta*

State Representative, 156th Legislative District

**Website:** [www.pahouse.com/Comitta](http://www.pahouse.com/Comitta)

**Facebook:** Rep. Carolyn Comitta

**Twitter:** @RepComitta

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## Latest News from the Malvern Public Library

Find us on the web at [www.malvern-library.org](http://www.malvern-library.org)

### Winter at the Malvern Library

Are you a library supporter? We are looking for new members to join our library board of trustees. We currently have an opening for a member from East Goshen Township. Our board meets once monthly to discuss library fundraising, finances, operations, and programming. If you are interested in volunteering your time, please contact the Library Director, Maggie Stanton, at [mstanton@ccls.org](mailto:mstanton@ccls.org) or 610-644-7259.

The annual **Malvern Public Library Give-a-Thon** will be coming in 2020. Please help us continue to offer quality programs and services by supporting your local library. Are you a local business owner wanting to contribute to your community? Be a Give-a-Thon business sponsor and receive public recognition as a business that supports their local library. We appreciate the generosity of all our library users and business sponsors!



Coming this January we will have “**New Year, New You!**” programs for adults! Keep an eye on our events calendar!

**Winter storytime** registration will open for children ages birth to six years. The winter session will run from January 6 to March 5. Please check our online calendar for times and to register.

Did you know that the library hosts two monthly book clubs on the third Tuesday and Friday of every month? Our **Tuesday morning book club** meets at 10 AM, and our **Friday afternoon mystery book club** meets at 2 PM. New members can pick up a copy of the book at the front desk. No need to register to attend.

Keep those book donations coming! We will happily accept any books or media in good condition, published in the last ten years. Please no moldy/yellowed books, textbooks, computer manuals, or VHS/cassette tapes.

Prepare for upcoming winter storms by checking out at least one book per projected inch of snow accumulation. We may not have milk, bread, or eggs, but we have Hotspot rentals in case of power outages, and audiobooks to listen to on those cold wintry nights.

Be sure to check out our events calendar for **Make n’ Take** events and more! Our calendar can be found on our website [www.malvern-library.org](http://www.malvern-library.org) and with the Burbio app!



## HASSLE-FREE KITCHEN UPDATES

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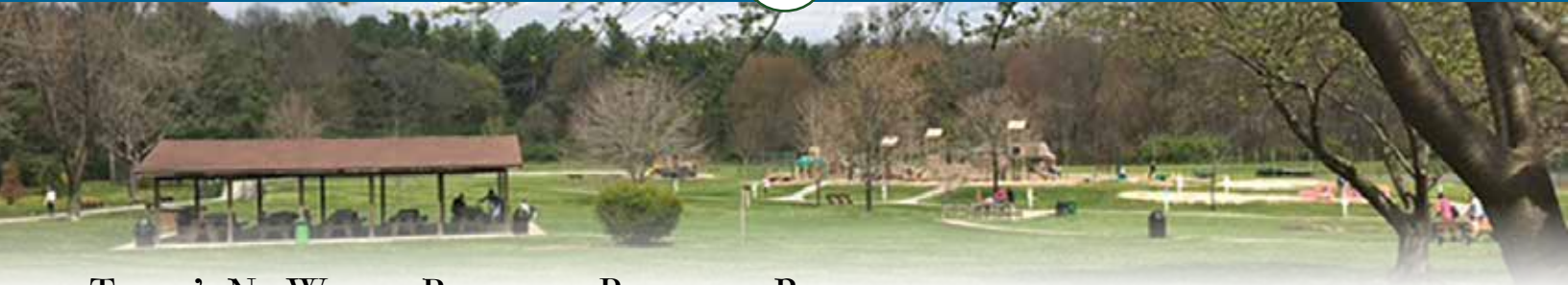
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**391 LANCASTER AVENUE**





## THERE'S NO WINTER BREAK FOR PARKS AND RECREATION!

On behalf of my fellow Park Commission members, thanks once again for making 2019 a banner year in our parks! The new playground played host to its first full year of activity and was constantly packed with kids laughing, running and playing with one another...it has truly become the valued community gathering spot we envisioned! One housekeeping note about the playground: the poured in place surfacing is porous, which means it allows water to drain quickly and reduces the negative effects of winter freeze/thaw cycles. Sand should not be moved to the smaller play structure, even though it's fun to do. It gets caught in the surfacing, reducing its overall effectiveness.



It is with great pride that we announce once again some recognition the Township received this year. In April, we were named the 2019 Pennsylvania Parks and Recreation Department of the Year and this past September, we were named a National Parks and Recreation Association Gold Medal Finalist, one of four municipalities from across the nation in the 30,000 and under population category. While we didn't end up winning the gold medal "Grand Plaque", we were the first Gold Medal Finalists from Pennsylvania in the award's sixty-year history, so we were elated with the accomplishment. Each of these awards is given to communities that exhibit excellence over a number of years, so thank you to everyone involved that makes East Goshen Township such a special place. It goes without saying that these awards belong first and foremost to the Township residents who spend their leisure time in our parks. One can simply drive through on any given day and see the many, many people using the parks for a wide variety of activities. As I said above, our parks are the public spaces where people gather as a community, learn new skills, develop friendships and experience a full and memorable life. Congrats to you!



*2019 Pennsylvania Parks and Recreation Department of the Year*



*National Parks and Recreation Association Gold Medal Finalist*

But we aren't resting on our laurels, oh no! We have some exciting new events and activities planned for 2020! In May, we're partnering with the West Chester University Theater Department to host the inaugural performance of *Carnival of Ruin*, a play with sustainability as its central theme. All stage props, costumes, even the big top will be made of post-consumer materials! Read more inside the Activity section on the next pages about the recycled items they are looking for to incorporate into the performance. Looking for a dynamite youth flag football league? This past fall we hosted the first season of DubC Fall Football expecting 80 kids, but got over 140! We are going to keep the fun going, hosting a spring season as well! Youth sports not your thing? We are also partnering with Young Rembrandts Chester County to offer a full slate of School's Out, Summer Camp and Weekend Art programming! Looking for something indoors when the winter wind is blasting? Every Thursday and Friday, we have numerous senior card opportunities. Come learn a game and make some new friends!

See you in the park!

*Debbie Snyder*

Park Commission Vice-chair and Senior Activities Extraordinaire  
East Goshen Township

# East Goshen Township - Parks & Recreation

## ACTIVITIES, PROGRAMS & EVENTS

### SPECIAL EVENTS

#### ACTIVITY: SE Pennsylvania Teen Filmmakers Showcase

**Date:** Monday, August 17th, 6pm

**Location:** Movie Tavern Exton

**Ages:** 12-19

**Description:** Calling all teenagers! Come see your movie, short film or video on the big screen! We are partnering with the beautiful, new Movie Tavern Exton to host the 2020 SE Pennsylvania Teen Filmmakers Showcase! Event attendees will walk a red carpet and join fellow teens in a 150 seat arena to watch some great cinema! Submissions from Chester County high school film clubs will also be accepted. The submission period is February 1st through June 15th and Critic's Choice and Fan Favorite Awards will be given out.

**Email:** Jason Lang at [klang@eastgoshen.org](mailto:klang@eastgoshen.org) for full submission details.



#### ACTIVITY: Alaska Land and Cruise Trip

**Trip Dates:** August 1 – 12, 2020

**Description:** Join East Goshen Township and Collette Travel as we travel to the Last Frontier, Alaska! Trip highlights include multiple days in Denali National Park, Fairbanks,

Anchorage and a 7-day Princess Cruise visiting coastal Alaskan towns before arriving in your final destination city, Vancouver, British Columbia! Collette has reserved 15 spots on this trip for East Goshen Township residents, family and friends (open to the general public), but deposits must be received by January 24th, 2020! Detailed trip brochures available by emailing Jason at [klang@eastgoshen.org](mailto:klang@eastgoshen.org).



#### ACTIVITY: WCUPA's Carnival of Ruin – Recycled donations needed

**Date:** Ongoing

**Location:** Township Building

**Description:** Next May, EGT Park will host the inaugural performance of Carnival of Ruin, a play with sustainability at its central theme.

All costumes, stage props even the big top itself will be constructed of post-consumer recycled materials. That's right, they will even be using cut strips of recycled materials to hand sew the big top together! We are very excited to host this first of its kind theatrical performance! This winter, event organizers need our help! They are specifically looking for three recycled items: red plastic bags, aluminum soda can tabs and yellow, square Tidy Cat plastic containers. Feel free to bring these items and drop off in the Township Building's entry way. Event organizers are also busy creating public workshop opportunities for local residents and actors to become a part of the production!



#### ACTIVITY: Financial Planning in Retirement Seminar

**Date:** Thursday, February 13th, 6pm-8pm

**Location:** Township Building

**Description:** Financial planning during retirement is just as important as the planning you did to reach this point. The goal of saving "enough" is now replaced with the goal of not outliving those hard earned savings. Join us for an informative discussion on the basics of post-retirement financial planning. We will explore the challenge of maintaining your lifestyle in an ever-changing economic environment. Our speaker will be Norman MacQueen, former Chester County Controller, and investment advisor with 30+ years of financial industry experience.

**Email:** Jason Lang at [klang@eastgoshen.org](mailto:klang@eastgoshen.org) for details.

#### ACTIVITY: Retirement Planning Seminar

**Date:** Thursday, April 16th, 1pm-3pm

**Location:** Township Building

**Description:** Are you planning to retire? Are you on track? Join us for an informative discussion on the basics of retirement planning. We will discuss the shifting definition of retirement, current challenges and commonsense ideas that you might find helpful in achieving your goals. Our speaker will be Norman MacQueen, Former Chester County Controller, and investment advisor with 30+ years of financial industry experience.

**Email:** Jason Lang at [klang@eastgoshen.org](mailto:klang@eastgoshen.org) for full submission details.



#### ACTIVITY: Special Events in the Park

**Location:** East Goshen Township Park (Hicks & Veteran's Pavilions)

**Description:** Did you know East Goshen Park plays host to over 80 special event rentals each year! Whether scheduling a birthday party, family BBQ, corporate outing or fundraising 5K, our park should be your first choice! Imagine a birthday party at the Hicks Pavilion with the brand new playground as a backdrop – sounds awesome!

If you're interested in holding an event in the park, please contact Jason at 610-692-7171 or [klang@eastgoshen.org](mailto:klang@eastgoshen.org). In general, the peak dates of May – September book three months out. More detailed information including permit rates and rules/regulations can be found on the Township website.

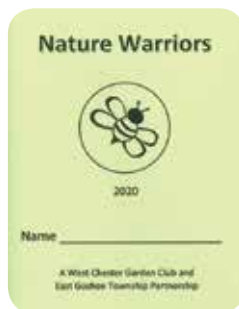


## YOUTH ACTIVITIES

### ACTIVITY: Nature Warriors

**Dates:** Begins spring 2020

**Description:** The West Chester Garden Club (who developed the Butterfly Garden) and East Goshen Parks and Rec are teaming up once again, this time to create a community of Nature Warriors! This program aimed at elementary aged children will be a fun, exploratory scavenger hunt filled with in-person workshops, off site adventures and parent/child activities! Look for more information and registration details as spring approaches!



### ACTIVITY: Summer Camp

**Description:** It's never too early to start planning for the summer camp season! Registration will begin January 1st, detailed summer camp information available on [www.eastgoshenrec.com](http://www.eastgoshenrec.com) on December 15, 2019. Camp will be held at Glen Acres Elementary School.

### Summer REC Camp

**Dates:** Monday – Friday, June 22 – July 24 9am – 12pm (no Camp July 3rd)

### Summer REC Full Day Camp (3 weeks available!)

**Dates:** Monday – Friday, July 6 – July 24, 9am – 4pm

### Beginner Lego's

**Dates:** Section I, Monday-Friday, June 22 – June 26, 12:30pm-3:30pm

Section II, Monday-Friday, August 3 – August 7, 9:00am-12:00pm

**Ages:** 6–12



### Intermediate Lego's

**When:** Monday-Friday, July 6 – July 10, 12:30pm-3:30pm

**Ages:** 6–12

### Rocketry Camp

**When:** Monday-Friday, August 10 – August 14, 9am-12pm

**Ages:** 9–13

### ACTIVITY: West Chester Junior Tennis League

**Location:** East Goshen Park

**Dates/times:** Saturday afternoons for 7 weeks, starting April 25th

**Description:** For Beginner and Intermediate players, ages 5-14, the West Chester Junior Tennis League is the perfect way for your kids to learn and PLAY tennis. Our 7-week program starts with 3 weeks of instruction and continues with 4 weeks of instruction and supervised match play.

**Contact:** Justin DePietropaolo, [justin@phillyteamentennis.org](mailto:justin@phillyteamentennis.org)

### ACTIVITY: Drawing and Cartooning Spring Break Camp hosted by Young Rembrandts

**Dates:** April 9, 12, & 13; 9am-12pm

**Location:** Township Building

**Description:** *Pastel Drawing Workshop - Pattern And Design - A World Tour:*



Young Rembrandts now offers a five-day chalk pastel drawing class! Explore multicultural art in our Worldly Artistic Designs workshop. We begin our world tour in Mexico as we draw several welcoming, colorful doorways. Next, we journey to Africa and explore the design intricacies of African crafts. Our artistic enlightenment doesn't stop there; we'll move on to design Paisley patterns, an ancient design embraced by many cultures. Then, Asian paper lanterns will shed light on the Far Eastern design styles. Our travels end in Russia as we illustrate a mainstay of Russian architecture – the onion dome. These classes will be messy fun, so dress appropriately. Enroll today! Full week \$225. Per day \$55. All supplies included.

### ACTIVITY: Drawing and Cartooning Program Winter 1 hosted by Young Rembrandts

**Dates:** Saturdays, January 11th – February 15th; 10am-11am

**Description:** *Drawing and Cartooning Winter 1:* Start 2020 off with a bang! Young Rembrandts students will flex their creative muscle as they take on artistic challenges like our Winter Birdhouses and Sporty Snowboarder lesson in January. In February, students will master perspective and personality as they complete a challenging Palm Tree Scene, cute Penguins and their own version of Grant Wood's American Gothic. Your child is sure to be giggling all season long as they explore the fun, artistic world of Young Rembrandts cartooning! Funny expressions and hilarious animals are just a few pieces students will create in the months of January and February. All supplies included-sign up today!

### ACTIVITY: Parent/Guardian and Me Pastels Program Winter 1 hosted by Young Rembrandts

**Dates:** Saturdays, January 11th – February 15th; 11:15am – 12:45pm

**Description:** *Animals of Africa:* Students and parents/caregivers will find themselves captivated by exotic African beasts. Our "Animals of Africa" Pastel Drawing Workshop offers challenging lessons- an antelope showcased within a mélange of patterns, a stylized zebra with a creative color palette and a regal lion. Participants will learn about some of Africa's most majestic animals as they illustrate them using pastel chalks. One adult per student may join the class each week (it can be a different adult every week if mom/dad/grandma want to try our classes). No experience is necessary. Please wear an old shirt or smock to each day of class. All supplies included. Each drawing may be completed over the course of 2 sessions depending on difficulty.

## YOUTH ACTIVITIES

### Young Rembrandts Summer Camps



#### ACTIVITY: Drawing and Cartooning Summer Camps hosted by Young Rembrandts; Ages 5-12

**Location:** Township Building

Mark your calendars for exciting Young Rembrandts programs coming this summer. More information to come!

#### STEAMin' UP SUMMER

**Dates:** June 15th-19th - 9am – 12pm

**Description:** Calling all artists, scientists, engineers, and math lovers! Young Rembrandts has a new workshop filled with new ways your child can explore the fascinating world of STEAM!

#### EGYPTIAN WORKSHOP

**Dates:** June 15th-19th - 12:30 – 3:30pm

**Description:** This summer, explore the mysterious world of Egypt with Young Rembrandts!

#### FANTASY FOREST WORKSHOP

**Dates:** June 22nd-June 26th - 9am – 12pm

**Description:** Magical, mythical, marvelous art is coming your way in this new Young Rembrandts Drawing Workshop!

#### LEARN ANIME MANGA DRAWING

**Dates:** July 6-10th - 9am – 12pm

**Description:** Calling all otaku kids! Join the Anime Manga workshop and learn to draw your favorite Japanese style art.

#### YOUNG REMBRANDTS AT SEA

**Dates:** August 17-21st - 9am – 12pm

**Description:** Grab your goggles and your sense of adventure— Young Rembrandts is taking you on a colorful, seafaring voyage!

#### LEARN ANIME MANGA DRAWING

**Dates:** August 17-21st - 12:30 – 3:30pm

**Description:** Calling all otaku kids! Join the Anime Manga workshop and learn to draw your favorite Japanese style art.



#### ACTIVITY: Essential Oils Make n Take

**Date:** Third Wednesday each month, Township Bldg., 11am – 1pm

**Topics:** January (Moods), February (Chakras), March (Beatitudes) and April (Bee You)

**Contact:** Email Miriam at [essentialequ@gmail.com](mailto:essentialequ@gmail.com)



Also, mark your calendars for exciting photography programs coming in the spring. More information to follow in the spring newsletter!

#### ACTIVITY: Pet Photography

**Date:** May 17

#### ACTIVITY: Pet Photography

**Date:** May 17

#### ACTIVITY: Splash Photography

**Date:** June 13



#### ACTIVITY: Summer Photography Camps

**Date:** June 22-26 and August 3-7

#### ACTIVITY: Filmmakers Camp

**Date:** July 20-24

**Location:** EGT Park, Hicks Pavilion for all Photography Workshop programs

**Contact:** Email Mark at [mark@photography-workshop.net](mailto:mark@photography-workshop.net)

## FITNESS PROGRAMS

#### ACTIVITY: Yoga

**Date:** January 6th – April 16th, 2020

**Location:** East Goshen Township Building

**Description:** Our body has incredible regenerative powers and yoga is valuable for stress management and general well-being. Your body will become more flexible, stronger, balanced and healthy. You will be able

to sleep better, have more energy and develop a more positive approach to life.

**Mondays - Jan 6 - Apr 13, 2020 - Gentle Yoga:** 9:00am

**Tuesday - Jan 7 - Apr 14, 2020 - All Levels:** 5:30pm

**Thursdays - Jan 9 - Apr 16, 2020 - Seniors:** 4pm

**Fee:** \$120 for 14 Week Series; \$90 for the Seniors Class



## YOUTH ACTIVITIES

### ACTIVITY: Drawing and Cartooning Program Winter 2 hosted by Young Rembrandts

**Dates:** Saturdays, February 29th – April 4th; 10am – 11am

**Description:** Get ready for a mix of elegance and graphic style drawings as Young Rembrandts students complete a Graceful Swan and Line Art Owl. Our March lessons are sure to delight kids and parents when students complete Goofy Chefs and our hilarious Cartoon Dads. There's no better way to shake the winter blues.... Sign up today! All supplies included.

### ACTIVITY: Parent/Guardian and Me Pastels Program Winter 2 hosted by Young Rembrandts

**Dates:** Saturdays, February 29th – April 4th; 11:15am – 12:45pm

**Description:** *Colorful Critters:* Animal lovers rejoice; an all new - all pastel workshop is here! Students will learn pastel drawing and texturing techniques to illustrate whimsical bees, a fanciful army of frogs, a striking owl and more artistic critters filled with detail. Challenge your creative kids by introducing them to the world of pastels- enroll them now! One adult per student may join the class each week (it can be a different adult every week if mom/dad/grandma want to try our classes). No experience is necessary. Please wear an old shirt or smock to each day of class. All supplies included. Each drawing may be completed over the course of 2 sessions depending on difficulty.

### ACTIVITY: MLK Day School's Out Art Camp hosted by Young Rembrandts

**Dates:** Monday, January 20th 9am – 12pm and 12:30 – 3:30pm

**Location:** Township Building

**Description:** *Favorite Apps And Video Games Workshop:*

Art is all around us, including on phones and online! Join Young Rembrandts for a workshop mimicking the amazing imagery of our Favorite Apps and Video Games! Every day students will learn new illustration and coloring techniques inspired by popular video games. Artwork is inspired by a pixel block characters, plants, zombies and many more classic apps and games. If your child loves to game or draw, they'll have a blast putting their own personal touches on some of these favorites! Different lessons taught in the AM and PM sessions. Register your special gaming artist today for half or full day! All materials included.

### ACTIVITY: President's Day School's Out Art Camp hosted by Young Rembrandts

**Dates:** Monday, February 17th 9am – 12pm and 12:30-3:30pm

**Description:** *Draw Cartoons Workshop - Character Creation:*

Learn the basics of cartooning and create your own characters! Students will learn techniques used in cartooning. Subjects like characteristics, features, exaggeration, action and personification will contribute to your child's artistic advancement! Young Rembrandts students will immediately apply their new skills to create their own original cartoon characters. Different lessons taught in the AM and PM sessions. Sign up today for half or full day! All materials included.

### ACTIVITY: DubC NFL Flag Football powered by the NFL and USA Football

**Date:** Registration begins December 25, 2019.

Season begins Saturday, April 4th:

2 Practices, 7 Games

**Description:** EGT Park hosted the inaugural season of DubC Flag Football anticipating 80 players and we had over 140!!! Join the movement and play this coming spring! 6U, 8U and 10U divisions available.

**Visit:** <https://dubcflag.com/> for more information!

**Registration Fees:** \$100 per player



### ACTIVITY: Great Valley Little League – Spring Season

**Date:** Registration begins December 16, 2019

**Description:** Interested in playing baseball or softball this coming spring? Great Valley Little League has baseball/softball divisions for ages 5 to 16, utilizing EGT Park fields among others.

**Visit:** [www.gvll.org](http://www.gvll.org) for more information!



## Adult/Seniors PROGRAMS

### ACTIVITY: Seniors Card Club

**Date:** Every Friday of the month, 9:00am-12pm

**Location:** East Goshen Township Building

**Description:** Come join us as we play your favorite card games and more. Pinochle, Canasta, and Mexican Train are very popular. We are happy to teach you if you don't know how to play.

**Fee:** Free!

### ACTIVITY: Seniors Card Club - Mahjongg

**Date:** 2nd, 3rd, 4th Thursday of the month, 1pm-3:30pm

**Location:** East Goshen Township Building

**Description:** Come join our beginner to intermediate Mahjongg group. No instruction provided.

**Fee:** Free!

### ACTIVITY: Senior Rummikub

**Dates/Times:** 1st and 3rd Thursday of the month, 1:00 – 3:30pm

**Location:** East Goshen Township Building, 2nd floor

**Description:** If you play rummy, you'll love rummikub....the fastest growing game for seniors! We'll be happy to teach you if you don't know how to play.

**Fee:** Free!

### ACTIVITY: Senior Bridge

**Dates/Times:** Every Friday of the month, 9:00am – 12pm

**Location:** East Goshen Township Building, 2nd floor

**Description:** Come join us for Social/Kitchen bridge (not duplicate). No partner needed. If interested, contact Kathy Martinides @ [coolinarians@gmail.com](mailto:coolinarians@gmail.com)

**Fee:** Free!

## FITNESS PROGRAMS

### ACTIVITY: Zumba Fitness

**Date:** Tuesdays 6:00- 6:45pm

**Location:** East Goshen Elementary

*Session 1:* January 7- February 11

*Session 2:* February 18- March 24

*Session 3:* March 31, April 7, 28, May 12, 26, June 2  
(no class April 14, 21, May 5, 19)

One session- \$45, 2 sessions \$80

**Description:** Fun, easy to follow dance steps for all levels of students, combining rhythms from around the world; salsa, cumbia, merengue, Bollywood, soca, reggae ton and American pop music and more are the inspiration to make you want to get up and dance!! Strengthen your heart and achieve a full body workout!! Come and join the party!!



### ACTIVITY: Strong by Zumba®

**Date:** Tuesdays 6:45pm-7:30pm

**Location:** East Goshen Elementary

*Session 1:* January 7- February 11

*Session 2:* February 18- March 24

*Session 3:* March 31, April 7, 28, May 12, 26, June 2  
(no class April 14, 21, May 5, 19)

One session- \$45, 2 sessions \$80

**Description:** STRONG by Zumba® combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every single move. Every squat, every lunge, every burpee is driven by the music. In each class you'll burn calories while toning arms, legs, abs and glutes. Plyometric or explosive moves like high knees, burpees, and jumping jacks are interchanged with isometric moves like lunges, squats, and kickboxing.

### ACTIVITY: Zumba® Fitness and Strong by Zumba®

**Date:** Tuesdays 6:00pm-7:30pm

**Location:** East Goshen Elementary

*Session 1:* January 7- February 11 | *Session 2:* February 18- March 24

*Session 3:* March 31, April 7, 28, May 12, 26, June 2  
(no class April 14, 21, May 5, 19)

\$65 per session or \$120 for 2 sessions, \$170 for 3 sessions

**Description:** Get in that cardio workout first and then strengthen with Strong by Zumba®

### ACTIVITY: Zumba® Gold Toning

**Date:** Wednesdays 5:30- 6:45pm

**Location:** East Goshen Township Building

*Session 1:* January 15- February 19

*Session 2:* February 26- April 1

*Session 3:* April 8- May 13

\$65 per session or \$120 for 2 sessions, \$170 for 3 sessions

**Description:** Zumba® Gold Toning is tailored for active, older adults who want to focus on muscle conditioning. Blend the fun Zumba® party with the addition of toning with shaker weights in exercises for arms, shoulders, legs and core; stomach and back muscles. Stretching and floor work is included. Bring water, light free weights and a yoga mat.

**Zumba Instructor Contact:** Pamela Nelson at zumba2live@aol.com

### ACTIVITY: Pilates

**Date:** Wednesdays, *Session I*, January 8-Jan 29th;  
*Session II*, February 5th-March 4th

**Time:** 9:30-10:30am

**Location:** East Goshen Township Building

**Description:** Pilates is a fantastic fitness class geared for those wanting to strengthen core muscles groups, improve posture, flexibility and balance. Instructor Ruby Telthorster has been teaching Pilates since 2009 and is adept at coaching novices all the way through "seasoned pros"! Please bring a mat to class. Want to try the class before locking in for the full session – drop in for \$13 (must pay by check and fill out Registration form)!

**Fee:** \$55



## ESSEINTRICS®

### ESSEINTRICS® Aging Backwards for Seniors

**Dates:** *Mondays*, 4:00 pm - 5:00 pm / January 13 - March 2, 2020

**Description:** This class is aimed at regaining your mobility while slowly building strength and reawakening the power of your 650 muscles. The class has a slower pace than our general Essentrics classes. It is designed for those who have atrophy-related stiffness, frozen shoulder, chronic aches and pains, or who are beginning to exercise after a long sedentary period. For men and women of all ages who are looking for a gentle, slow tempo class. Bring a yoga mat, and water.

**Fee:** \$120 (8 wk series)

### ESSEINTRICS® Aging Backwards

**Dates:** *Mondays*, 6:00 pm - 7:00 pm / January 13 - March 2, 2020

*Thursdays*, 9:00 am - 10:00 am / January 16 - March 5, 2020

**Description:** This is an age reversing workout that will restore movement in your joints, flexibility in your muscles, relieve pain, and stimulate your cells to increase energy, vibrancy and your immune system. A slow-paced, full body workout created by the author of Forever Painless and the New York Times bestseller, Aging Backwards. Bring a yoga mat, and water.

**Fee:** \$120 (8 wk series)

### ESSEINTRICS®

**Dates:** *Wednesdays*, 6:00 pm - 7:00 pm / January 15 - March 4, 2020

**Description:** This is a dynamic full body workout that rapidly changes the shape of your body through a combination of strengthening and stretching. Perfect for men and women of all fitness levels, this program rebalances the body, prevents and treats injuries and unlocks tight joints. This workout leaves you feeling energized, youthful and healthy. Bring a yoga mat, and water.

**Fee:** \$120 (8 wk series)



# REQUIRED RECREATION REGISTRATION FORM

(Please Submit With Payment)

**This form must be filled out completely and your check must accompany to complete registration.**

(This form is not for Youth Recreation Camp and Applebrook Golf –  
please visit the East Goshen Recreation webpage or office for those forms)

**Please fill in each Activity Name below along with activity fee, dates and times.**

Name & Email Address	Resident?	Activity & Details	Cost	Cell Phone	Address including ZIP
<b>1</b> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"><i>DOB*</i></div>	<div style="border: 1px solid black; width: 20px; height: 20px; margin: 0 auto;"></div>	Activity Name: <hr/> Session Dates: Day(s) <input type="checkbox"/> M <input type="checkbox"/> T <input type="checkbox"/> W <input type="checkbox"/> Th <input type="checkbox"/> F Time: <input type="text"/> AM or PM <input type="text"/>	\$ <div style="border: 1px solid black; width: 40px; height: 20px; display: inline-block;"></div>		<div style="border: 1px solid black; height: 20px; width: 100%;"></div>
<small>* Date of Birth is required if registrant is under the age of 18</small>					
<b>2</b> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"><i>DOB*</i></div>	<div style="border: 1px solid black; width: 20px; height: 20px; margin: 0 auto;"></div>	Activity Name: <hr/> Session Dates: Day(s) <input type="checkbox"/> M <input type="checkbox"/> T <input type="checkbox"/> W <input type="checkbox"/> Th <input type="checkbox"/> F Time: <input type="text"/> AM or PM <input type="text"/>	\$ <div style="border: 1px solid black; width: 40px; height: 20px; display: inline-block;"></div>		<div style="border: 1px solid black; height: 20px; width: 100%;"></div>
<small>* Date of Birth is required if registrant is under the age of 18</small>					
<b>3</b> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"><i>DOB*</i></div>	<div style="border: 1px solid black; width: 20px; height: 20px; margin: 0 auto;"></div>	Activity Name: <hr/> Session Dates: Day(s) <input type="checkbox"/> M <input type="checkbox"/> T <input type="checkbox"/> W <input type="checkbox"/> Th <input type="checkbox"/> F Time: <input type="text"/> AM or PM <input type="text"/>	\$ <div style="border: 1px solid black; width: 40px; height: 20px; display: inline-block;"></div>		<div style="border: 1px solid black; height: 20px; width: 100%;"></div>
<small>* Date of Birth is required if registrant is under the age of 18</small>					
<b>4</b> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <div style="border: 1px solid black; height: 20px; width: 100%;"><i>DOB*</i></div>	<div style="border: 1px solid black; width: 20px; height: 20px; margin: 0 auto;"></div>	Activity Name: <hr/> Session Dates: Day(s) <input type="checkbox"/> M <input type="checkbox"/> T <input type="checkbox"/> W <input type="checkbox"/> Th <input type="checkbox"/> F Time: <input type="text"/> AM or PM <input type="text"/>	\$ <div style="border: 1px solid black; width: 40px; height: 20px; display: inline-block;"></div>		<div style="border: 1px solid black; height: 20px; width: 100%;"></div>
<small>* Date of Birth is required if registrant is under the age of 18</small>					

I the undersigned, intending to be legally bound for myself, my heirs, executors, administrators, and assigns, hereby waive and release any and all rights and claims for damages I may now or hereafter have against East Goshen Township, and their respective employees for any and all damages or injuries which may be sustained by me or my family arising out of my participation in the above activity. PHOTOGRAPHIC RELEASE. By signing below, I give consent that videotapes, photographs, recordings, motion picture film and/or electronic images of me and other participants may be used by the Township, and its successors and assigns in any and all publications and other media in order to increase community awareness of East Goshen Township programs. I give my consent that such photographs, recordings, motion picture film and/or electronic images and the plates, tapes, and/or software from which they are made shall be the property of the township and the Township has the right to sell, duplicate, reproduce and make such other uses of such photographs, recordings, motion picture film and/or electronic images of me as it desires free and clear of any claim on my part.

Signature of Participant (or Parent/Guardian) \_\_\_\_\_

I choose to opt out of the PHOTOGRAPHIC RELEASE (please initial) \_\_\_\_\_

Date Submitted: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

Checks must be made out to **East Goshen Township**. The township building address is: 1580 Paoli Pike, West Chester, PA 19380. **If paying online**, please complete the above form, select "Submit Form" (Located On Upper Right Of Your Screen) and then complete payment by clicking [here](#).

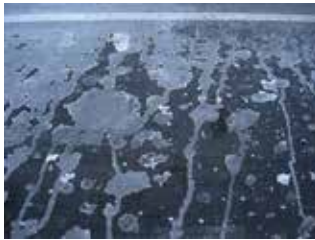
**Check must accompany this form - Unless you are paying online - Thanks**

**Questions? Please call 610.692.7171 and or email Jason Lang at [klang@eastgoshen.org](mailto:klang@eastgoshen.org)**

## STORMWATER IN THE WINTER: IT'S EVERYONE'S BUSINESS

### Environmentally-Friendly Winter Deicing Tips for Residents

Excess salt and other deicing chemicals can harm aquatic life in our streams and impact drinking water supplies. This winter, you can help by following these environmentally-friendly snow removal practices:



- Shovel snow before it turns to ice to limit the need for deicing chemicals like rock salt.
- Shovel snow onto permeable surfaces including gently sloping and level land-scape and grassy areas so as the snow melts it will soak into the ground rather than flow directly into a nearby storm drain or stream.

If you must use deicing chemicals, follow these suggestions:

- Control application of chemical deicers and avoid over application.
- Limit chemical applications near environmentally-sensitive areas such as springs, streams, ponds, wetlands, and water supply areas and sensitive landscape and vegetation.
- Sand and sawdust can be used as an environmentally-friendly alternative to commonly-used salt products.
- Use salt substitutes that are less harmful such as Calcium Chloride (CaCl<sub>2</sub>) and Calcium Magnesium Acetate (CMA).
- For larger areas, apply salt as a brine solution to prevent drift off of paved surfaces.
- After snowmelt, sweep up residues, including sand, to prevent them from washing into storm drains and streams.

### Why should I limit my use of salt and other chemical deicing products?

Deicing products contain chemical constituents that can be harmful to the environment including water resources and drinking water supplies. For example, sodium can break down soil structure and decrease soil permeability, which adversely impacts vegetation and soil microbes; chloride mobilizes heavy metals and impacts fresh water supplies including ground and surface waters; and heavy metal components can adversely impact water quality, plant and aquatic life.

## SEWER/REFUSE DISCOUNT PROGRAM FOR LOW INCOME RESIDENTS

In addition to state and federal programs that offer financial assistance to senior citizens and those with lower incomes, East Goshen Township offers a 5% discount on utility bill to residents who meet certain criteria. To be eligible for this discount, a resident who meets the eligibility requirements for any of the following programs must complete an East Goshen Township application by December 31, 2019:

- Senior Citizen Property Tax or Rent Rebate Act (must file PA-1000 with State)
- Pharmaceutical Assistance Contract or the Elderly Act (PACE)
- Federal Food Stamp Act of 1977, as amended through 2030
- Women's, Infants and Children's Nutrition Improvement Act
- Aid to Families with Dependent Children
- Public Assistance Law

Residents already enrolled in this program must re-apply each year. Applications to enroll can be obtained at the Township Building. If you have any questions, contact Chris Boylan at the Township 610-692-7171.



### 2020 CHESTER COUNTY RESIDENTIAL HOUSEHOLD

## HAZARDOUS WASTE EVENTS

**NO ELECTRONICS  
WILL BE ACCEPTED**

**ALL EVENTS START AT 9:00 AM  
AND END AT 3:00 PM SHARP**

#### **Saturday, April 4, 2020**

Center For Arts & Technology  
Pickering Campus  
(Technical College High School)  
1580 Charlestown Road,  
Phoenixville, PA 19460

#### **Saturday, April 25, 2020**

Octorara High School  
226 Highland Road, Atglen, PA 19310

#### **Saturday, May 16, 2020**

Owen J. Roberts Middle School  
881 Ridge Road, Pottstown, PA 19465

#### **Friday, June 19, 2020**

Coatesville Learning Center  
1635 East Lincoln Highway,  
Coatesville, PA 19320

#### **Saturday, August 29, 2020**

Oxford School District  
Administrative Bldg.  
125 Bell Tower Lane, Oxford, PA 19363

#### **Saturday, October 10, 2020**

Government Services Center  
601 Westtown Road,  
West Chester, PA 19380

*Visit [www.chestercountyswa.org](http://www.chestercountyswa.org) for more information. Proof of residency may be required and businesses and contractors will be turned away.*





## 2020 Wednesday Yard Waste Collection Schedule

<b>January</b> 8th, 15th, 29th	<b>July</b> 1st, 15th, 29th
<b>February</b> 12th, 26th	<b>August</b> 12th, 26th
<b>March</b> 11th, 25th	<b>September</b> 9th, 23rd
<b>April</b> 8th, 22nd	<b>October</b> 7th, 21st
<b>May</b> 6th, 20th	<b>November</b> 4th, 11th, 18th, 25th
<b>June</b> 3rd, 17th	<b>December</b> 9th, 23rd

Only paper bags will be collected, no plastic bags will be taken. You may also use a trash can. However, it cannot weigh more than 50 lbs.

**Accepted:** Leaves, Brush, Grass Clippings, Christmas Trees, Plants, Small Branches. All branches must be bundled and tied and branches cannot exceed 4 feet.

**Not Accepted:** Dirt, Rocks and Logs

## 2020 Bulk Trash Collection Schedule

<b>January</b> 16th Thurs., 17th Fri.	<b>July</b> 16th Thurs., 17th Fri.
<b>February</b> 13th Thurs., 14th Fri.	<b>August</b> 13th Thurs., 14th Fri.
<b>March</b> 12th Thurs., 13th Fri.	<b>September</b> 17th Thurs., 18th Fri.
<b>April</b> 16th Thurs., 17th Fri.	<b>October</b> 15th Thurs., 16th Fri.
<b>May</b> 14th Thurs., 15th Fri.	<b>November</b> 12th Thurs., 13th Fri.
<b>June</b> 11th Thurs., 12th Fri.	<b>December</b> 17th Thurs., 18th Fri.

A bulk item must be able to be picked-up and handled by 2 people. A maximum of two bulk items may be placed out for pickup at one time.

- Rugs/Carpets must be cut into 4' rolls and tied or taped.
- TVs and computer monitors not accepted.
- Gas tanks must be removed and oil drained from lawn mowers.
- Appliances with Freon (refrigerators, freezers, air conditioners, etc) must have the Freon removed by a certified technician before they can be picked up.

## 2020 TRASH & RECYCLING PICK-UP DAYS

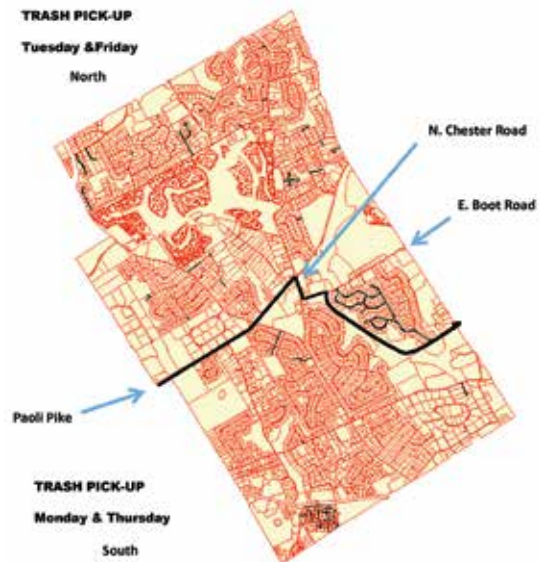
### Attention: Change in Trash Collection Dates Upcoming on January 1st!

Please be advised that effective January 1, 2020, we will switch your trash collection days for the next three years. Residents currently on the Monday (trash & recycling) and Thursday (trash only) cycle will be moved to Tuesday (trash & recycling) and Friday (trash only), and vice versa.

This switch is done to ensure fairness across the Township, as residents who have Monday & Thursday service receive fewer pick-up days than those on Tuesday & Friday, due to the trash holidays of Memorial Day, Labor Day and Thanksgiving always falling on either a Monday or Thursday.

Please pass this information on to your neighbors as well!

New 2020 – 2022 Trash Schedule Effective January 1, 2020



### Proposal on trash and recycling fees

The 2020 Budget reflected a \$5.12 per quarter increase to the refuse rate (from \$69.88 to \$75 per quarter) for residents served by the Township's trash and recycling contract. This rate increase is necessary to absorb the recent increase in the cost of processing recyclable materials, due to less international demand for U.S. recyclables. Whereas until a couple years ago, the Township received money back from the processor for recycled materials, we now pay \$34 per ton of recycled material. The refuse rate has not been changed since 2011 and, even after this rate increase, East Goshen's rate will still be lower than in several other area municipalities, including West Goshen (\$85 per quarter) and Westtown (\$80 per quarter). If formally adopted by the Board of Supervisors, this higher rate will appear on your January 15th utility bill.

### 2020 Trash Holiday Schedule

Please be advised that next year there will be no trash (or recycling) pick-ups on:

- Monday, May 25, 2020 (Memorial Day)
- Monday, September 7, 2020 (Labor Day)
- Thursday, November 26, 2020 (Thanksgiving)
- Friday, December 25, 2020 (Christmas)

These days will not be made up, meaning that for residents on the Monday-Thursday schedule, the next recycling pick-up will occur on the next Monday after Memorial Day and Labor Day.

Please note that Christmas 2019 and New Years 2020 will fall on a Wednesday this year, when there is no regularly scheduled trash or recycling pick up, so there should be no disruption in regular trash service in East Goshen this holiday season! Joy to the World!

## DATES OF IMPORTANCE

**JANUARY 01**  
New Year's Day – *Office Closed*

**JANUARY 02**  
Park & Recreation Commission, 7 PM

**JANUARY 06**  
Reorganization & Regular Board of Supervisors Meeting, 6 PM

**JANUARY 07**  
Board Of Auditors, 7 PM

**JANUARY 08**  
Planning Commission, 7 PM

**JANUARY 08**  
Conservancy Board, 7 PM

**JANUARY 09**  
Historical Commission, 7 PM

**JANUARY 13**  
Municipal Authority, 7 PM

**JANUARY 16**  
Futurist Committee, 7 PM

**JANUARY 20**  
Martin Luther King, Jr. Day  
*Office Closed*

**JANUARY 21**  
Board Of Supervisors, 7 PM

**JANUARY 23**  
Pipeline Task Force, 5 PM

**JANUARY 27**  
Sustainability Commission, 7 PM

**JANUARY 28**  
Pension Committee, 10 AM

**JANUARY 28**  
Annual Planning Session, 6 PM

**FEBRUARY 04**  
Board Of Supervisors, 7 PM

**FEBRUARY 05**  
Planning Commission, 7 PM

**FEBRUARY 06**  
Park & Recreation Commission, 7 PM

**FEBRUARY 10**  
Municipal Authority, 7 PM

**FEBRUARY 12**  
Conservancy Board, 7 PM

**FEBRUARY 13**  
Historical Commission, 7 PM

**FEBRUARY 17**  
Presidents Day – *Office Closed*

**FEBRUARY 18**  
Board Of Supervisors, 7 PM

**FEBRUARY 20**  
Futurist Committee, 7 PM

**FEBRUARY 24**  
Sustainability Commission, 7 PM

**FEBRUARY 27**  
Pipeline Task Force, 5 PM

**MARCH 03**  
Board Of Supervisors, 7 PM

**MARCH 04**  
Planning Commission, 7 PM

**MARCH 05**  
Park & Recreation Commission, 7 PM

**MARCH 09**  
Municipal Authority, 7 PM

**MARCH 11**  
Conservancy Board, 7 PM

**MARCH 12**  
Historical Commission, 7 PM

**MARCH 17**  
Board Of Supervisors, 7 PM

**MARCH 19**  
Futurist Committee, 7 PM

**MARCH 23**  
Sustainability Commission, 7 PM

**MARCH 26**  
Pipeline Task Force, 5 PM

*Public meetings days and times are subject to change. Please check the Township's website for the latest information.*

**Consider volunteering for an Authority, Board or Commission. Visit our website for more information. East Goshen needs volunteers!**



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branches of the YMCA of Greater Brandywine

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**WINTER 2020 NEWSLETTER**



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